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Education Centre Against Violence is a NSW Health State-wide Service auspiced by Western Sydney Local Health District

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Directors Messages

Director’s Message

The NSW Health Education Centre Against Violence (ECAV) has been developing and delivering cutting edge training programs and resources for over 25 years. In that time we have come to understand that best practice can only be built upon the wisdom of those that have experienced interpersonal violence, as it is this knowledge and understanding that informs clinical practice and research. When collaboration occurs across this spectrum; service user, clinician and research, it is possible to develop a solid foundation of knowledge and skill for improving workforce capacity and service delivery.

To ensure quality program delivery, our training team comprises highly skilled clinicians and experienced trainers who are committed to building workforce capacity in the sensitive and complex areas of domestic violence, Aboriginal family violence, sexual assault and child protection. They ensure all curricula reflect international and national evidence based research, current policy and legislative requirements, as well as best practice in the field. This is further supported by a number of advisory and reference groups, to ensure service users’ needs are prioritised and reflected in program development.

Lorna McNamara

Vision: “A highly skilled health and interagency workforce committed to the prevention of violence and better health for all adults, young people and children who have experienced sexual assault, domestic or family violence and physical, emotional abuse and neglect.”

Associate Director’s Message

This year instead of publishing an annual calendar of training, we have developed this Courses and Publications Booklet so that those requesting training can review all courses offered by this organisation. This booklet is to be used in conjunction with the ECAV website, which provides more specific information about dates, course locations, fees and the course application process.

ECAV has over 70 available courses. These include specialist NSW Health programs, specific courses designed for the Aboriginal workforce as well as for Aboriginal communities, and opportunities for multi-agency training around child protection, domestic violence and sexual assault. This booklet will provide you with course descriptions and learning outcomes, information about how the training operates and available resources.

The educational and consultant team are ably supported by a professional administration team that works hard to ensure that the delivery of the training calendar operates smoothly. They are responsible for organising venues, managing registrations, updating learning materials and resource distribution.

I encourage you to request any of our courses and continue to work closely with ECAV staff to ensure valuable training opportunities are provided to your service, community or area.

Joanne Campbell
The Education Centre Against Violence (ECAV) NSW Health based in the grounds of Cumberland Hospital in North Parramatta. The Centre is a state-wide unit responsible for training programs in the specialised areas of adult and child sexual assault, domestic and Aboriginal family violence and physical and emotional abuse and neglect of children across NSW. ECAV provides the mandated training for specialist child protection, sexual assault and Aboriginal family health workers, as well as targeted training to mental health and drug and alcohol workers. Courses are provided at locations across the state in metropolitan, rural and remote areas.

The Centre is highly regarded and in demand for provision of clinical and policy consultation, learning and development services, and resource development in NSW Health and by other government agencies and non-government organisations (NGOs). ECAV leads the field in training in the complex areas of Aboriginal cultural competency, children under ten who engage in sexually abusive practices, same sex domestic violence, abuse of older people, Aboriginal family violence, and domestic violence routine screening (Australia wide).

About Training

The central focus of ECAV training is to improve the emotional, social and physical wellbeing, protection and safety for victims of interpersonal violence. This is achieved by providing NSW Health workers and their partner agencies with innovative and creative learning opportunities that builds their capacity to respond and work effectively with children, women and men who have experienced violence and abuse. The training is regarded as a ‘learning experience’ where participants are provided with a sound, well researched framework, to critically evaluate a myriad of therapeutic models, interventions and tools. This ensures reflective practice, where personal experiences/views can be analysed in relation to professional practice. An emphasis on gender, culture and the socio political context provides a foundation for all our training programs.

A co-facilitation model is applied to maximise learning opportunities and to ensure emotional safety and wellbeing of all participants. A combination of didactic, group and self paced exercises are adopted, underpinned by adult learning principles ensuring participants have the opportunity to integrate their learning into practice that fits with their role and agency context.

Given the sensitive nature of ECAV training, setting up safety is a critical process allowing adequate time for reflection, debriefing and confidential disclosures. We recognise that interpersonal violence doesn’t discriminate and exists across all cultures, socio-economic groups and professions. It is necessary that the facilitators have a combination of training and clinical experience so they can provide safe and supportive responses to individual workers and to the group as a whole, in order to maximise learning and personal growth.

ECAV management takes evaluation seriously as we rely on workers in the field to guide us in the development of pathways for future learning. We have put in place systems to monitor the learning needs of participants and to track improvements in building skill, knowledge and confidence in the work. We have also undertaken post training evaluation projects to assess the impact on practice six to twelve months after completion of the course.

Evaluation results to date have shown positive learning experiences and have strengthened our resolve to continue to deliver face to face training over a series of days to allow for required attitudinal shifts and integration of skills and knowledge into practice. In 2012 we will continue to explore additional multimedia training opportunities that can support and reinforce the face to face learning environment.
ECAV Training

ECAV acknowledges that training is but one form of professional development. Practitioners from diverse disciplines and agency settings learn and develop their practice in a range of contexts, apart from formal ‘classroom-based’ workshops. Our intention is that the training offered by ECAV complements and supports workplace learning.

We also recognise that professional responses to interpersonal violence issues need to reflect the multi-dimensional nature of these issues. This means that we need a workforce that is capable of both specialist responses and capable of ‘joined-up’ inter-agency working. Consequently, there is a need for both single agency / single sector training and for multi-agency / multi-sector training. The ECAV training calendar reflects these dual needs by offering training that falls into two broad categories.

Single-sector / single-agency training

Some courses and workshops have been designed for specific professional groups and therefore applications for these training programs are closed to workers outside of the target groups that are designated in the course descriptions.

Multi-sector / multi-agency training

However, many of our training programs are open to workers from a range of agencies, across both government and non-government sectors. Applications for these programs are encouraged from diverse sectors.

A note on terminology:

There are a range of terms currently in use to describe training programs that bring together workers from different agencies and professional backgrounds. Often these terms are used interchangeably. Many people find this confusing. In an effort to provide some clarity about these terms, ECAV has adopted the following definitions, which we hope will assist communication about this important area of professional learning and development.

**Multi-agency training** refers to any training situation where workers from more than one agency learn together, side-by-side. This is also referred to as ‘joint’ or ‘shared’ training. Participants in this training are generally exposed to the same ‘generic’ content and the emphasis is on learning with each other so that consistent messages are conveyed across sectors. There may be some exchange of information and ideas, but this is not necessarily the case.

**Cross-agency training** refers to training in which workers from one agency ‘cross-train’ staff from another agency. This is most often delivered via guest presentations, either as ‘stand-alone’ short sessions, or structured into a larger program, frequently involving a panel of presenters who represent a range of different service providers. In this model, the focus is on participants learning about each other.

**Inter-agency training** refers to a type of training, the specific purpose of which is to improve coordination and collaboration among the participating agencies. There is a focus on acknowledging the specialist expertise that each agency brings to the learning situation, with a clear objective of improving inter-professional understanding. The ultimate aim is more integrated service provision for clients. In this type of training, activities are typically highly interactive as the emphasis is on learning from each other, as well as learning with and about each other.
There are several options for requesting ECAV training:

1) Multi-agency training

a. NSW Health workers are invited to request available ECAV courses where registration is open to eligible workers from other agencies (with priority given to NSW Health). Heavily subsidised course fees apply to NSW Health workers and subsidised course fees apply to other participants. (see page 10 for Course Fees)

b. Workers external to NSW Health can request an available ECAV course, with registration open to eligible workers from other agencies (priority given to NSW Health). Subsidised course fees apply to all participants.

2) Single agency training

a. NSW Health workers are invited to request customised programs with registration restricted to their own target group. Heavily subsidised course fees apply to NSW Health workers.

b. Organisations external to NSW Health can request a customised ECAV program with registration restricted to their own target group. A fee for service is charged to the requesting organisation for curriculum development, training delivery and administration.

In all instances, the requesting organisation and/or worker is expected to provide and fund a wheelchair accessible venue, morning and afternoon tea for each day of the workshop and necessary training equipment. A local contact person should be identified to liaise with the designated ECAV course co-ordinator. This person is responsible for flyer distribution, local workshop promotion, OH&S assessment of the training venue and assistance on the day of the training (See page 43 for further detail on requesting an ECAV course). Where course fees apply, requesters can negotiate with the ECAV Course Coordinator to secure one free place in the workshop.

For the delivery of all courses, ECAV is responsible for developing the course flyer, managing course registrations, scheduling dates and trainers, supplying all training materials and participant resources. Each course is assigned a closing date (6 weeks prior to the course), the local contact person is required to make contact with the ECAV course co-ordinator at least 2 months prior to this date so that they can distribute the flyer through their networks and ensure there will be enough participants to run the course. ECAV usually requires a minimum of 12 participants and a maximum of 25 participants.

The ECAV course co-ordinator will liaise with the local contact person via the telephone on the closing date to discuss the selection of participants and administration of confirmation letters to applicants. Once the course has closed the ECAV course co-ordinator will arrange to send out acceptance, non-acceptance and waiting list letters.

All workers and organisations are invited to contact the Associate Director at ECAV to discuss their training needs and to submit training requests (see page 42 for an ECAV Training Request Form).

Closing dates for future ECAV Training Requests

- The final closing date for July-Dec 2012 training requests is 2nd April 2012.
- The final closing date for Jan-Dec 2013 training requests is 1st August 2012.
Attending Courses

Eligibility to attend courses
ECAV courses are available for NSW Health and government and non-government workers employed to provide services to children and adults who have experienced sexual assault, domestic or Aboriginal family violence and/or physical and emotional abuse and neglect. First priority is given to NSW Health workers (ie employed by NSW Health) and in the spirit of multi agency collaboration, services/workers external to NSW Health are encouraged to attend courses at subsidised rates. Courses are usually not suitable for, or available to the general public.

NSW Health Specialist Courses
These courses are specifically designed for NSW Health employees in designated specialist sexual assault and child protection counselling positions (formerly known as PANOC). There are additional courses designed for NSW Health domestic violence, drug and alcohol and mental health workers.

Applying to attend courses
Refer to Course Information on the ECAV website and apply online. Alternatively you can contact the designated ECAV Course Coordinator to access a course flyer. Please note, your application does not automatically mean acceptance into the course. If there are more applicants than available places, priority is generally given to workers in NSW Health services. Please wait until you have confirmation of acceptance before making any travel or accommodation arrangements.

Confirmation of acceptance
Shortly after the closing date for the listed course, a letter will be sent to you either confirming your acceptance into the course or indicating that your application has not been accepted. In this instance you may be placed on a waiting list. If your application has been accepted, the letter will give details of course date, venue, time, course fee and any other information specific to the course.

Payment
Course fees are to be paid no later than 2 weeks after completion of the course and can be made via cheque, credit card or online electronic fund transfer (EFT). Cash payments will not be accepted.

Payment instructions:
1) Cheque – attach cheque with tear off portion of invoice and return to ECAV
2) Credit card – complete tear off portion of invoice with card details and fax to (02) 9840 3754
3) EFT – email ECAV Office Manager with payment receipt number and ECAV invoice number after payment has been made Maryann.Pereira@swahs.health.nsw.gov.au

Access
If you have any questions about particular access/mobility requirements, please contact the designated ECAV Course Coordinator. All ECAV training venues are subject to a non-smoking policy, as smoking in ECAV Training Venues is prohibited.

Complaints
ECAV Management are committed to resolving complaints in a timely and effective manner. Any complaints that can’t be resolved with the ECAV Trainer or Course Coordinator should be brought to the attention of the Director or Associate Director. These matters will be followed up promptly and entered onto a Complaint’s Register for quality improvement of future courses.
ECAV delivers nationally recognised qualifications through the NSW Health Registered Training Organisation (RTO). Nationally recognised qualifications can be identified by the VETAB and NRT logos. VET courses delivered by ECAV feature these logos.

ECAV now offers six courses that are posted on the NSW Health RTO Scope.

- 91562NSW Certificate IV Aboriginal Family Health (Family violence, sexual assault & child protection)
- 91507NSW Advanced Diploma in Aboriginal Specialist Trauma Counselling
- EV96 Practical skills in responding to people who experience domestic violence (which includes the units of competence CHCDFV301A, CHCDFV402C & CHCDFV403C)
- EV10 Skills in child protection for Aboriginal workers (which is mapped to the unit of competence CHCCHILD401A)
- EV86 Competent responses to Aboriginal sexual and family violence (which includes the units of competence CHCDFV402C, CHCDFV406C & HLTHIR404B)
- 15EV132 Keeping children and young people safe: The complexities of working with substance using parents (which is mapped to the unit of competence CHCCHILD401A).

Recognition of Prior Learning

ECAV acknowledges that competencies are gained in a variety of ways. Candidates can apply to obtain Recognition of Prior Learning (RPL) by completing the appropriate application form. Further information about the RPL process can be found in the RTO Participant Handbook and both the form and the Participant Handbook can be obtained from the ECAV course co-ordinator.

Pre-requisites

There are pre-requisites for some ECAV courses throughout this booklet, these are stated with course information where required. This is to ensure that all participants have the foundational knowledge required to develop skills in specialised areas. If you have not attended the pre-requisite course but feel that you have equivalent knowledge and skills, please contact the ECAV Course Coordinator for a Recognition of Prior Learning Form and send it in with your course application.
ECAV Course Fees are heavily subsidised for NSW Health workers and subsidised for all other workers in NSW. These fees always apply to NSW Health workers and only apply to workers external to NSW Health where there is open registration. Free training is limited to specific ECAV courses to address equity issues and priority policy initiatives. Course fees include GST. If you are a NSW Health worker and the cost interferes with your ability to access a course, please contact the ECAV Course Coordinator.

Below is an outline of fees.

**NSW Health Sexual Assault and Child Protection Counselling Services workers (formally PANOC)**
- Attending specialist training: no charge
- Attending all other training: $80 per course

**All other NSW Health workers**
- $80 per course

**All NSW workers external to Health (govt & non-govt) cost as per number of course days**
- Day 1 of course: $80
- Day 2 of course: $60
- Day 3 of course: $40
- Day 4 of course: $20
- Day 5 of course: no charge

**Private practitioners & interstate participants attending NSW training**
- $100 per day

### Free ECAV Courses available to:

#### NSW Health workers:
- EV63 Domestic violence routine screening (DVRS) implementation
- EV86 Competent responses to Aboriginal sexual and family violence
- EV92 NSW Health child protection and child well being facilitator training
- EV34 Domestic violence & child protection for maternity & child & family health nurses

#### Other workers in NSW:
- 15EV118 Violence against women in refugee communities
- 15EV112 Domestic violence for bilingual community educators
- EV16 Interpreting for people who have experienced domestic violence
- 15EV117 Interpreting for people who have experienced sexual assault

#### NSW Mental Health Services workers:
- EV07 Utilising a trauma-informed framework in responding to child and adult sexual assault for mental health professionals
- EV77 Childhood trauma & neglect for child & adolescent mental health workers
- EV97 Adult and child sexual assault for consumer support workers
- 15EV114 Implementing sexual safety from sexual assault and harassment in mental health inpatient units
- 15EV139 Implementing safety from sexual assault and harassment in child and adolescent mental health inpatient units.
Course Fees

Courses primarily for NSW Aboriginal workers
EV03  Rural responses to Aboriginal family violence  $80 per course
EV09  Domestic violence Aboriginal core training
EV10  Skills in child protection for Aboriginal workers
EV29  Child sexual assault for Aboriginal workers
15EV127  Defining healthy boundaries when working in Aboriginal communities
15EV128  The sexual assault of Aboriginal boys & men: A 3 day workshop
15EV135  Uncovering the shame: Responding to the abuse of Aboriginal older people
15EV152  Working with Aboriginal parents who have experienced child abuse and neglect

Courses for NSW Aboriginal Community members  no charge
Weaving the Net
Strong Aboriginal Women Program
Strong Aboriginal Men Program

Guest Presenters
Fees and charges apply to ALL applicants for guest presenters

Fees and charges for competency-based training 2012
91507 NSW Advanced Diploma of Aboriginal Specialist Trauma Counselling
Aboriginal Family Health Workers (attendance & assessment)  no charge
Aboriginal Workers employed by NSW Health
(excludes health funded NGOs) (attendance & assessment)  $160 per module
Aboriginal workers from community controlled & NSW Health funded services (attendance & assessment)  $200 per module
Other NSW Aboriginal workers (attendance & assessment)  $250 per module
Interstate Aboriginal workers (attendance & assessment)  $280 per module

Total costs to be paid prior to commencement of Module 1

91562 NSW Certificate IV Aboriginal family health (family violence, sexual assault & child protection)
Aboriginal family health workers (attendance & assessment)  no charge
Aboriginal participants from NSW government & community controlled health-funded services (attendance & assessment)  no charge
All other NSW Aboriginal participants (attendance & assessment)  $100 per module
Interstate Aboriginal participants (attendance & assessment)  $150 per module

Recognition of current competency
• Aboriginal family health workers  $100 per module
• All other participants  $200 per module
Course Fees

EV92 NSW Health child protection and child well being facilitator training
15EV153 NSW Health Aboriginal child protection and child well being facilitator training
• NSW Health workers only (attendance & assessment) no charge

15EV132 Keeping children and young people safe: The complexities of working with substance using parents
Attendance without assessment course fees apply
Attendance with assessment
• NSW Health workers course fee plus $60 to complete competency
• All other participants course fee plus $80 to complete competency

EV96 Practical skills in responding to people who experience domestic violence
Attendance without assessment course fees apply
Attendance with assessment
• NSW Health workers course fee plus $180 to complete competency
• All other participants course fee plus $240 to complete competency

EV86 Competent responses to Aboriginal sexual and family violence
Attendance without assessment no charge
Attendance with assessment
• NSW Health Workers course fees apply
• All other participants course fee plus $240 to complete competencies

EV10 Skills in child protection for Aboriginal workers
Attendance without assessment $80
Attendance with assessment
• NSW Health workers no charge
• All other participants $80 to complete competency

Cancellations: Unexpected difficulties can prevent attendance at courses. Please notify the relevant ECAV Course Coordinator, either by e-mail or telephone as soon as possible if you are unable to attend so the place can be offered to someone on the waiting list. Participants cancelling in less than 7 days, will attract an $80 cancellation fee. Participants cancelling in less than 3 days, will attract a minimum penalty of $100 cancellation fee or the cost of the course.

Local levy: A small levy may be charged in rural and regional areas by the local coordinating agency to cover the cost of the venue and catering. However, this must be negotiated with the ECAV Course Coordinator and is managed by the requesting agency.
Courses Available
For Request
Across All Categories

**EV86 – Competent responses to Aboriginal sexual & family violence**

**Target Group**
Non-Aboriginal workers in the following services: child protection counselling services, sexual assault, drug and alcohol, domestic violence, child and family health, women’s health, women’s health coordinators, mental health and other relevant teams.

**Description**
This 3 day course acknowledges the powerful realities of oppression, racism and violence that have impacted on Aboriginal people's lives. Participants will learn about Aboriginal people’s lived experiences and worldview, in order to increase engagement with Aboriginal communities.

The aim is for non Aboriginal workers to reflect on concepts of ‘white privilege’ and the impact this has had on their practice. Workers will have an opportunity to build culturally safe therapeutic and case management skills with Aboriginal people who have experienced complex interpersonal trauma.

This course is aligned to 3 units of competency, 2 from the CHC08 Community Services Training Package, 2008 and 1 from the Health Training Package with 3 assessment tasks to complete (optional).
- Unit CHCDFV402C Manage own professional development in responding to domestic and family violence
- Unit CHCDFV406C Provide domestic and family violence support in Aboriginal and Torres Strait Islander communities
- Unit HLTHIR404B Work effectively with Aboriginal and/or Torres Strait Islander people

**Pre-requisite**
Completion of 2 or more days of training on at least one of the following courses: child sexual assault, adult sexual assault, physical and emotional abuse and neglect of children and young people or family/domestic violence.

**Learning Outcomes**
- Identify and reflect an awareness of personal and other cultural realities on work practices.
- Identify the impact of non Aboriginal cultural factors, on service delivery to Aboriginal clients.
- Identify the impact on Aboriginal people of past and present racist dialogue utilising a trauma informed framework.
- Demonstrate skills and knowledge to work effectively with Aboriginal people that addresses access and equity issues resulting in enhanced participation for Aboriginal people experiencing interpersonal trauma.
- Implement culturally safe practices in both personal and professional spheres.

**EV27 - Working towards cultural competence**

This 2 day course is designed to assist workers to provide appropriate services to people from a variety of cultural backgrounds and to value cultural diversity in the workforce. Time is spent examining the meaning of culture and cultural sensitivity, migration and refugee experiences as well as good communication strategies. There is discussion of issues relevant to workers in the fields of sexual assault, child protection and domestic violence.

**Learning Outcomes**
- Demonstrate an understanding of the meaning and value of “culture”.
- Identify a best practice framework when responding to victims of interpersonal violence who are from CALD backgrounds.
- Identify strategies to increase access for CALD clients.
- Demonstrate an understanding of cultural competence when supporting CALD clients who are victims of interpersonal violence.
**EV28 – Beyond Recovery: Working therapeutically with children who have been abused**

**Target Group**
Sexual assault counsellors, child protection counsellors and other counsellors who are working with abused children and their families.

**Description**
Beyond recovery is a creative practice based 3 day course that will provide participants with both current theoretical constructs on understanding the effects of abuse on children and innovative practiced based evidence in connecting with children therapeutically.

The course will look at the psycho-biology of trauma giving the participant a practitioner’s insight into this field. Moreover working with the most recent research and creative ideas, it will take the participant into a recovery framework that explores ‘what lies on the other side of the psycho-biology of trauma’. (This course replaces Context and Connection).

**Learning outcomes**
- Identify the common forms of child abuse and the main effects they can have on the psycho-biology of clients.
- Identify the main tenets of attachment theories and its application to their work.
- Articulate the key elements of child focused communication styles and how to apply this to practice.
- Demonstrate an understanding of an ecological framework in working with children who have been abused.
- Articulate the philosophy and practical application of ‘what lies on the other side’ of the psycho-biology of trauma.

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**EV41 – Developing skills in report writing & giving evidence**

**Target Group**
Workers providing a service to victims of interpersonal trauma who are or may become engaged in the legal system.

**Description**
This 1 day course assists workers in child protection, mental health, drug and alcohol and sexual assault services to further develop skills in preparing court reports and giving evidence. It provides information on recent decisions about the Evidence Act that are relevant to their work. This is a practical course in which participants receive feedback on their reports and have the opportunity of facing cross examination in a mock court.

**Learning outcomes**
- Demonstrate an understanding of the legal requirements about report writing and providing evidence in court for victims of interpersonal violence.
- Identify strategies to prepare effective legal reports.
- Identify strategies to ensure legal evidence is provided appropriately in court.
- Discuss the value of cross agency collaboration to enhance service provision.
### EV53 – Adventures in group work with children and young people

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<tr>
<td>Description</td>
<td>The correlation between child sexual assault and domestic violence, the dynamics operating and their impact on children’s lives has been acknowledged by both researchers and practitioners. This 3 day course builds a framework for developing and implementing group work practices as a critical component of therapeutic practices. This course focuses on key issues for group work practices in both areas, including: theoretical underpinnings, developing models of practice, “visiting” several existing programs, and effective evaluation methods and processes. Participants have access to several group work programs written by Rosie’s Place including new programs which emphasise the importance of joining mothers and children in the work. This course offers participants a foundation from which to “borrow” and therefore build their own group work programs for ongoing implementation in their work practice.</td>
</tr>
<tr>
<td>Learning outcomes</td>
<td>Examine various group work intervention options, auditing their capacity to promote strengths and prioritise safety for children and young people. Identify critical ingredients for effective group work practice with children and young people who have experienced abuse. Demonstrate knowledge of best practice models for planning, implementing and evaluating groups. Demonstrate an understanding of how to manage a range of challenging group process issues.</td>
</tr>
</tbody>
</table>

### EV57 – Working with mental health issues in the context of violence

<table>
<thead>
<tr>
<th>Target Group</th>
<th>Workers supporting people who have experienced sexual assault, domestic violence and/or child abuse.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Description</td>
<td>This 2 day course examines the symptoms that often accompany major mental health disorders. Current treatments, best practice including the use of medications, side effects and the constraints medication may have on a client’s capacity to engage in the counselling process are explored. Participants are encouraged to develop effective strategies for working with clients seriously affected by mental health issues and the implications this may have on sexual assault, child protection and domestic violence services is covered.</td>
</tr>
<tr>
<td>Learning outcomes</td>
<td>Demonstrate knowledge of the intersections between mental health problems and effects of interpersonal violence. Demonstrate an understanding of how the mental health system operates and the provision of services to victims of interpersonal violence. Outline implementation of the NSW Health Sexual Safety guidelines and policy for mental health facilities in prevention, risk assessment and response to sexual assaults and sexual activity. Describe collaborative practice with Mental Health services to ensure best outcomes for victims of interpersonal violence.</td>
</tr>
</tbody>
</table>

### 15EV110 – Interpersonal trauma, suicidality & cultural diversity

<table>
<thead>
<tr>
<th>Target Group</th>
<th>Workers supporting people who have experienced sexual assault, domestic violence and/or child abuse.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Description</td>
<td>This 2 day course was developed as part of a project funded through the National Suicide Prevention Strategy. Day 1 includes presentation of research data in relation to the links between suicidality and experiences of domestic/family violence, sexual assault and childhood abuse. The role of gender is examined and the possible role of ‘culture’ as a factor in suicidality is explored. Day 2 focuses on the concept of ‘cultural competence’ in the context of suicide risk assessment and management. A ‘dual track’ risk assessment and intervention model that emphasises safety from risk of harm from self as well as harm from others is proposed. There is an opportunity to apply practical skills and knowledge and to discuss issues from a range of service perspectives. Enhanced cultural competence in responding to those who have experienced violence within a family or intimate context and in assessing risk of suicide is an intended outcome of the training.</td>
</tr>
<tr>
<td>Learning Outcomes</td>
<td>Understanding of the links between suicidality and interpersonal trauma. Awareness of the influences of gender and culture on suicidality. Enhanced cultural competence in suicide risk assessment in the context of responding to those who have experienced violence within intimate/family relationships.</td>
</tr>
</tbody>
</table>
15EV119 – Shades of grey? Ethics and boundaries in trauma work

Target Group
Workers supporting people who have experienced sexual assault, domestic violence and/or child abuse.

Description
Working with adults who have been severely traumatised in attachment relationships, such as childhood abuse, frequently raises boundary challenges for counsellors. Those working in small communities face additional pressures in managing the interface between the personal and professional. This 2 day course explores the complexities of seeking to provide safe boundaries for these clients. Topics covered include; negotiating good therapeutic practice, ethical decision-making and conduct, and managing counter transference.

Learning outcomes
To develop an understanding of the meaning of boundaries and their importance in trauma work.
To be able to identify what constitutes a boundary violation and boundary transgressions in relation to trauma work.
To gain knowledge about the Codes of Conduct and Ethics, Professional Standards and complaints mechanisms pertaining to relevant professions working in trauma areas.
To develop confidence of and knowledge about ‘good practice’ in relation to boundary issues.
To develop self awareness in relation to professional practice and client – professional relationships.
To develop an openness to seeing, and confidence in responding to, boundary issues for self, colleagues and the organisation.
To develop an understanding of usual ethical dilemmas that occur in trauma work and a model of helpful responses to that will assist in addressing these.

15EV120 – Not seen or heard: recognising & responding to abuse of older people

Target Group
Workers who provide services wholly or partly to older people.

Description
Older people in our communities often experience a profound imbalance of power in their relationships as their status of older people diminishes and their care needs increase. This power imbalance can be exploited in a range of relationships: partners, carers, adult children and in institutional settings. The range of abuses experienced by older people include; physical and sexual violence and emotional and financial abuse.

For some people this abuse is a continuation of abuse across their lifespan e.g. domestic violence, whilst for others, past experiences of abuse may resurface in later life. This 2 day course looks at recognizing and responding to experiences of abuse of older people. It also provides opportunities to discuss appropriate responses to both current and past abuse, in a context of human rights and access to safety, justice and services on an individual, interagency and societal level. Strategies for prevention are showcased.

Learning outcomes
Identify the range of practices of abuse of older people carried out by family, caregivers and community.
Examine personal beliefs and responses to the abuse of older people.
Discuss the context and impacts of abuse in older people’s lives, including the impacts of life experiences and community beliefs about older people.
Develop flexible strategies of responding to both current and past abuse which prioritise human rights, self determination, and access to safety, justice and services on an individual, interagency, community and societal level.
Discuss the value of cross agency collaboration to enhance service provision.
### 15EV122 – Identifying and building resilience in children and young people

**Target Group**
Workers supporting child and young people who have experienced abuse.

**Description**
This 1 day course provides an overview of the current thinking about resilience and looks at tools that promote resilience in children and young people who have experienced abuse. It explores ecological and strength based approaches to draw upon the resources of families and the wider community. Participants have the opportunity to practice the use of tools and consider how they might be customised to incorporate them into the child’s natural environment. Workers will be asked to consider their own practice in relation to a child and/or family, and discuss strategies to enhance their resilience.

**Learning Outcomes**
- Demonstrate a broad understanding of resilience.
- Identify factors that contribute to building resilience in children and young people.
- Explore ecological and strength based approaches to building resilience.
- Consider the application of these approaches to their own practice in working with children and young people.

### 15EV134 – Working with adults who have experienced child abuse and neglect

**Target Group**
Health workers and counsellors in contact with adults who have experienced childhood physical abuse, emotional abuse and neglect (e.g., mental health workers, drug and alcohol workers, early childhood nurses, midwives).

**Description**
This 3 day course provides participants with an overview of the impact and dynamics of childhood abuse and neglect. It will explore the links between interpersonal trauma and adulthood issues, with a focus on parenting difficulties. It will include a focus on relationship building, identifying strengths and addressing issues of guilt and shame.

**Learning Outcomes**
- Explore the incidence, nature, indicators, dynamics and impact of childhood abuse and neglect on adults.
- Examine the impact of trauma on the neurobiology of the brain and the implications for practice.
- Identify strategies for working with adult survivors of interpersonal trauma.
- Detail best practice principles and apply them to intervention with adult clients.
- Discuss the implications of childhood trauma on parenting and the development of resilience.
- Discuss the value of cross agency collaboration in the context of individual support and therapeutic work.
Specialist NSW Health Child Protection Training

**NSW Health child protection counselling services training**

**Target Group**
NSW Health child protection counsellors only.

**Description**
This course provides a comprehensive introduction to working with children, young people and their families where there are child protection concerns using a trauma informed framework. Topics include: engaging and working with families, the interface between child physical and emotional abuse and neglect and domestic violence, interagency collaboration, evaluation of theoretical approaches and models for intervention, case management and assessment tools. There will also be a specific focus on practice issues such as father friendliness, good enough parenting, ethical dilemmas, and vicarious trauma. Participants complete a short work based project, which aims to enhance knowledge of therapeutic intervention within a NSW Health child protection context. This involves delivery of 2 weekly programs (EV61 & EV62) scheduled over the Calendar year to allow for time between training to integrate new learning into practice.

**EV61 Learning Outcomes (Part 1)**
- Examine best practice principles in effective engagement, management and intervention with semi voluntary clients.
- Evaluate and apply best practice principles in collaborative practice, assessing parenting capacity and working with domestic violence in a NSW Health context.
- Explore intervention strategies in working with domestic violence, emotional abuse and neglect.
- Explore the NSW Health policy and interagency context.
- Critique common therapeutic models for working in Child Protection Counselling Services.
- Discuss the value of cross agency collaboration in the context of individual support and therapeutic work.

**EV62 Learning Outcomes (Part 2)**
- Critically evaluate the aims and use of a variety of therapeutic models for intervention in Child Protection Counselling work.
- Examine best practice principles in working with children, young people and their families who have experienced trauma.
- Explore competencies in child protection counselling work such as father friendliness, resilience, documentation and restoration work.
- Explore different challenges of rural and metropolitan work in Child Protection Counselling Services.
- Develop strategies for working with Aboriginal communities.

*Part 1 is a prerequisite for Part 2. Separate application forms must be filled in for both Parts.*
15EV155 – Familiarisation with secondary risk assessment tools: A course for NSW health workers

**Target Group**

**Description**
This course will introduce workers to Community Services’ new Structured Decision making tools. Through the use of a case study, it will identify the rationale and implementation of each of the tools. It aims to equip health workers with a working knowledge of the tools used by their interagency colleagues and how to support coordinated intervention with children and young people at risk of significant harm.

**Pre-requisite**
Completion of a child sexual assault or a child abuse and neglect course.

**Learning Outcomes**
- Describe and discuss the use of a structured decision making tools used by Community Services.
- Apply the tools to a case study.
- Discuss the tools’ relevance to NSW Health workers.
- Enhance interagency collaboration through the use of shared language and common understandings.

EV77 – Childhood trauma and neglect for child and adolescent mental health workers

**Target Group**
Child and adolescent mental health workers.

**Description**
Increasing recognition is being given to the impact of early interpersonal trauma on children and young people. Exposure to many forms of interpersonal violence is implicated in the aetiology of challenging behaviours, including self harming behaviour, suicidality and poor affect regulation. This 2 day course provides information about the nature, incidence and dynamics of abuse and neglect and assists workers to make links in order to recognise, assess and implement early intervention strategies with their client groups. Collaborative ways of working with children and young people are also explored.

**Learning Outcomes**
- Describe indicators and effects of child abuse and neglect and the links with other forms of violence.
- Describe and discuss the intersections between neglectful parenting and the effects of interpersonal trauma on children and young people.
- Apply information and practice tools on case planning and supporting children who are experiencing the effects of trauma.
- Discuss the value of cross agency collaboration in the context of individual support and therapeutic work.
EV92 – NSW Health Child Protection and Child Wellbeing Facilitator training: Identify and respond to children & young people at risk

**Target Group**
NSW Health workers.

**Description**
This 2 day course is compulsory for all facilitators/trainers who wish to deliver CHCCHILD401A Identify & Respond to Children and Young People at Risk (2/3 hour and/or full day).

Trainers wishing to deliver the 2/3-hour and/or full day program must attend Day 1, this covers familiarisation with and explanation of how to use the learning resources, and discussion of the challenges of delivering this material and identification of strategies to overcome these challenges.

Those who wish to deliver the 3-hour and/or full day program and assess against the unit of competency CHCCHILD401A must attend both Day 1 & 2.

Day 1 includes familiarisation with the Assessment Manual and Marking Guide and encompasses discussion on how the assessment strategies can be utilised in assessing competence in CHCCHILD401A. Following Day 2, participants are to complete assessment activities to demonstrate skills in assessment.

**Day 1 Learning Outcomes**
- Outline knowledge of the content material in the training programs.
- Identify strategies to deliver these programs to NSW Health staff.
- Discuss customisation of the training programs to suit the learning needs of participants.
- Identify child protection issues that may arise during the training and develop strategies to respond.

**Day 2 Learning Outcomes**
- Demonstrate knowledge of assessing participants against the Unit of Competency, CHCCHILD401A Identify & Respond to Children and Young People at Risk.
- Identify assessment methods contained in the Assessor's Guide.

15EV130 – Children and young people: Trauma and neglect

**Target Group**
NSW Health and Interagency workers who work with or have contact with children or adults who have children in their care.

**Description**
Increasing recognition is being given to the impact of early interpersonal trauma on children and young people. Exposure to many forms of interpersonal violence is implicated in the aetiology of challenging behaviours in childhood and adolescence. This 2 day course will build on workers’ existing knowledge about the effects and dynamics of abuse. Assessing risk, case planning and goal setting for families where there is risk of harm for children and young people will also be explored.

**Learning Outcomes**
- Demonstrate an understanding of the different types of abuse and impact of historical beliefs on current practice.
- Describe indicators and effects of child abuse and neglect and the links with other forms of violence.
- Describe and apply a risk assessment framework to practice issues.
- Describe and discuss the intersections between neglectful parenting and the effects of interpersonal trauma on children and young people.
- Apply practice tools to assist children who have been traumatised.
- Apply information about the impact of trauma to case planning.
15EV132 – Keeping children & young people safe: the complexities of working with substance using parents

Target Group
NSW Health and health funded non-government Drug and Alcohol workers.

Description
In their work with child protection issues, D&A services need to manage the complexity of the intersections between substance use, child abuse and neglect and their legislative and policy requirements. Recent reports by the Ombudsman on Reviewable Deaths outline the need to support D&A workers’ capacity to respond more appropriately to the risks faced by children of substance using parents in relation to their D&A use and the increased risk of neglect, physical abuse and exposure to domestic violence.

This 3 day course will explore child protection issues, with particular emphasis on child protection in the context of domestic violence. The training invites workers to build on their existing knowledge to better meet the needs of those clients who are parents. It will propose a child centred approach that addresses safety of the child alongside supporting the parent. The course will address prenatal reporting, parental responsibility contracts and drug testing, the intersections of domestic violence, neglect and parental substance use, and engagement strategies where there are child protection concerns. There will be a focus on the development of effective intra and inter agency networks and partnerships.

The training also includes a unit of competency from the national CHC08 Community Services Training Package (2008), CHCCHILD401A, Identify and Respond to children and young people at risk, for which workers can be assessed to receive a Statement of Attainment.

Pre-requisite
Workers who have attended a 1 day course on Identify and Respond to children and young people at risk, in the past 3 years are eligible to apply for exemption of Day 1 of this training. This is to be negotiated with the ECAV Course Coordinator and evidence must be submitted.

Learning Outcomes
Discuss the roles and responsibilities when identifying and responding to children and young people.
Work within an ethical framework with children of parents with substance using behaviours.
Apply relevant legislation, policies and procedures when addressing child protection concerns in a drug and alcohol context.
Examine the contributions that all agencies can make to the safety, welfare and wellbeing of children and young people.

15EV140 – Case managing child well being and child protection concerns within the NSW Health context

Target Group
NSW Health workers with a child well being and child protection role.

Description
The importance of integrating services and developing a unified approach between government and non-government agencies are a key component of the NSW government Keep Them Safe child protection reforms. This 2 day course will explore some case management models currently used within a child protection context, with a particular focus on children just under the threshold of risk of significant harm who come into contact with NSW Health services. Establishing and maintaining engagement with parents while balancing the needs and protection of the child and/or young person will be considered. Participants will have the opportunity to practice application of these models with case scenarios.

Learning Outcomes
Discuss some of the case management models framed within a child wellbeing and child protection context.
Define ways of establishing engagement with children, young people and parents/carers.
Describe best practice principles in case management.
Practice application of case management models.
Identify evaluation and outcome strategies.
Discuss the value of cross agency collaboration in the context of individual support and therapeutic work.
Domestic Violence

**EV16 – Interpreting for people who have experienced domestic violence**

**Target Group**
Interpreters

**Description**
Interpreting for people who experience domestic violence can present particular challenges for interpreters and other service providers. To work effectively with counsellors, social workers and healthcare professionals, it is important that interpreters have a clear understanding of the nature of these crimes and the effects on the victim. This 1 day course focuses on issues related to domestic violence and the impact this has on interpreters. Other content areas include; the importance of maintaining professional boundaries, effective strategies in working with healthcare and other service providers, and roles and responsibilities in relation to relevant policy and protocol.

Eligible for 20 professional development points under NAATI re-validation process

**Learning Outcomes**
- Demonstrate knowledge of definitions, prevalence and dynamics of domestic violence, particularly in relation to people from CALD backgrounds.
- Demonstrate knowledge of common beliefs and attitudes to people who experience domestic violence and how this impacts on them and their access to services.
- Demonstrate knowledge of the impact of domestic violence on children.
- Demonstrate knowledge of the legal context of domestic violence.
- Identify the challenges for interpreters in interpreting for people who have experienced domestic violence and develop strategies to address these challenges.

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**EV34 – Domestic violence & child protection for maternity & child & family health nurses**

**Target Group**
Child and family health nurses and midwives

**Description**
Nurses working in maternity and child and family health services face the challenge of supporting mothers who are experiencing domestic violence, whilst addressing risk of harm to their children. This 2 day course explores the interface between child abuse and domestic violence and provides an opportunity to discuss tactics of domestic violence, physical and mental health outcomes for victims of domestic violence and implications of domestic violence for child protection. This course will also assist workers to develop interventions which protect children and maximise the safety of the victim.

**Learning Outcomes**
- Demonstrate knowledge of the indicators and tactics of domestic violence.
- Identify the socio-political context that supports domestic violence to continue.
- Define the physical and mental health outcomes for people, including children, who experience these forms of abuse.
- Identify the implications of domestic violence for child protection and outline interventions that protect children and maximise safety of the victims.
- Discuss best practice frameworks, skills and resources for responding to people affected by domestic violence.
- Discuss the importance of cross agency collaboration when working with victims of domestic violence.
Domestic Violence

**EV55 – Responding to lesbians & gay men who experience domestic violence**

**Target Group**
Health, other government & community workers who come into contact with people who experience domestic violence.

**Description**
This 2 day course discusses the coercive control and abuse of power inherent where domestic violence occurs in same sex relationships. The experience of domestic violence is explored within the contexts of heterosexual dominance, patriarchal social structures and homophobia. A “Safety Planning” model and Australian and international practice experience is used to inform best practice. There is exploration of how best to assist victims to understand the impact of the domestic violence on their life. Specific focus will be on practice that promotes safety, supports the person’s decision making and advocacy for non-discriminatory service responses.

**Learning Outcomes**
Identify the mental health and physical outcomes and tactics of same sex domestic violence.
Discuss the implications of experiencing domestic violence within the context of a heterosexual dominant community where homophobic practices are prevalent.
Examine personal responses and develop strategies to ensure accessible, equitable and welcoming service provision.
Identify supportive and effective responses to ensure safety, human rights and wellbeing for victims.
Discuss the value of cross agency collaboration when providing service provision.

**EV63 – Domestic violence routine screening (DVRS) implementation**

**Target Group**
NSW Health workers employed in the areas of Antenatal, Mental Health, Alcohol & Other Drugs and Early Childhood Services.

**Description**
Domestic Violence Routine Screening is currently being implemented across NSW Health in four target areas: antenatal services, child & family health / early childhood services, mental health and drug & alcohol. This 1 day course addresses NSW Health Policy, the role of NSW Health services and research outcomes. There is also discussion about the DVRS protocol, the DVRS tool and implementation issues.

This is a train the trainer course. There is an expectation that those workers who attend this training will be able to deliver training to staff in their area that supports the implementation of DVRS. For more information about this project or to apply for this training please contact the ECAV course coordinator for special application details.

**Learning Outcomes**
Demonstrate knowledge of the DVRS Training Program.
Develop strategies to deliver training to Develop strategies to staff in their area that supports the implementation of DVRS.
Understand the need to customise the training program to ensure that the program content fits for the learners.
Develop strategies to respond to issues that may arise during the training.
### EV68 - Shaping the future

This 3 day course introduces participants to the SHAPE THE FUTURE Practice framework; a PADV resource package for working with children 0-12 years who are living with domestic violence. The framework aims to bring together the discrete paradigms of living in a context of domestic violence and strengths based principles. This practical workshop provides a way of thinking that allows professionals to assess their practice against the strengths based philosophy and assists the development of new practices that are consistent with this approach. The training uses experiential learning opportunities to explore and apply the framework. It allows workers to consider therapeutic work in a child- centred, family focussed context.

**Learning Outcomes**

- Define domestic violence and strength based principles.
- Explore ‘power over’ and ‘power with’ concepts in practice.
- Define and use elements of child directed practice in relation to working with children living with domestic violence.
- Consider the impact of domestic violence on resilience.
- Define and practice the therapeutic components of strengths based work with children living with domestic violence.

### EV70 – Domestic Violence for NSW Health workers

Domestic violence is the highest risk factor contributing to ill health and death for women aged 15-44 years. Health workers have an important role in identifying and responding to those who experience domestic violence. This 2 day course provides an opportunity for workers from a range of health services to tactics of domestic violence, physical and mental health outcomes for people who experience domestic violence (mainly but not exclusively women and children) and the implications of domestic violence for child protection. There will be a focus on identifying indicators of domestic violence as well as interventions that protect children, maximise safety of the victim and ensure worker safety.

There will be exploration of frameworks, skills and resources for responding to victims of domestic violence, consistent with the NSW Health policy and procedures for identifying and responding to domestic violence (including routine screening) and consistent with work roles.

**Learning Outcomes**

- Discuss definitions of domestic/family violence, tactics, prevalence and incidence amongst diverse populations.
- Identify the social, cultural and historical contexts that support the tactics of domestic violence and shape community attitudes.
- Demonstrate an understanding of the impacts of domestic violence on children, and child protection responsibilities which support mothers in safe parenting.
- Recognise the importance of cross agency collaboration, advocacy and case management when responding to victims of domestic violence.
- Demonstrate knowledge of the effects of vicarious trauma, identifying possible indicators and implement strategies to manage the effects of vicarious trauma and respond to worker safety.
### EV93 – Working with young people in the context of domestic violence

**Target Group**
Youth health workers, counsellors, youth workers and non-government workers who work with young people and their families who experience domestic violence.

**Description**
Young people (12–20 years) can be profoundly affected by being subjected to and witnessing domestic violence. Adolescence is a crossroads in terms of building and negotiating relationships, experiences of domestic violence in their family of origin or within current relationships can have an adverse effect on young peoples’ decision making and identity formation. This 3 day course provides opportunities to consider young peoples’ experience of domestic violence and works to build a variety of responses to these issues. It also considers the emerging area of young people displaying violent behaviour towards their parents. It focuses on responses which support young people to make positive choices around their own use of violence by promoting respect, safety and resilience.

**Learning Outcomes**
- Define different types of domestic violence, indicators, impact and the effects experienced by young people.
- Apply effective strategies when responding to young people who are experiencing domestic violence.
- Describe the impact of violence in young people’s intimate relationships and identify how to respond to young people who are experiencing relationship violence.
- Discuss and practice age appropriate tools to work with young people.
- Identify the links between adolescent violence against parents and other types of violence and identify strategies for working with young people and their families.
- Discuss the value of cross agency collaboration in the context of individual support and therapeutic work.

### EV96 – Practical skills in responding to people who experience domestic violence

**Target Group**
New workers in this field or workers wanting to revitalise core frameworks and skills in responding to domestic violence.

**Description**
The 4 day course provides underpinning frameworks and practical skills in the provision of services to people who experience domestic violence (primarily, but not solely, women and children). The nature, extent and impact of the tactics of domestic violence are explored along with the ways in which these tactics are supported at historical, political, cultural, social and personal levels. A framework of responding is built which utilises the perspectives of:
- Women and children who have experienced domestic violence
- Human rights conventions
- Legislation, principles and policies at an international, federal and state level
- Strengths based philosophy
- Safety for women and children as a priority
- This course is aligned to 3 Domestic and Family Violence units of competency in the CHC08 Community Services Training Package (2008):
  - Unit CHCDFV301A Recognise and respond appropriately to domestic and family violence
  - Unit CHCDFV402C Manage own professional development in responding to domestic and family violence
  - Unit CHCDFV403C Provide crisis intervention and support to those experiencing domestic and family violence.

**Learning Outcomes**
- Discuss definitions of domestic/family violence, tactics used and prevalence and incidence amongst diverse populations.
- Identify the social, cultural and historical contexts that support the tactics of domestic violence and shape community attitudes.
- Demonstrate an understanding of the impacts of domestic violence on children, and child protection responsibilities which support mothers in safe parenting.
- Recognise the importance of cross agency collaboration, advocacy and case management when responding to victims of domestic violence.
- Demonstrate knowledge of the effects of vicarious trauma, identifying possible indicators and implement strategies to manage the effects of vicarious trauma and respond to worker safety.
### 15EV106 – Violence against women in culturally and linguistically diverse communities

This 1 day course outlines prevention and intervention strategies that effectively address the needs of women from culturally and linguistically diverse communities who experience violence. The course is designed to reflect the diversity of cultural and social considerations that matter when dealing with women and their children. Relevant legal issues are covered such as immigration laws and apprehended violence orders. Workers are provided with the opportunity to examine practical scenarios and to learn about relevant referral services and resources.

#### Learning Outcomes

- Demonstrate knowledge of definitions, prevalence and dynamics of domestic violence, experienced by women from CALD communities.
- Discuss common beliefs and attitudes to people who experience domestic violence and how this impacts on them and their access to services.
- Demonstrate knowledge of the impact of domestic violence on children, and child protection responsibilities in relation to this.
- Demonstrate knowledge of the legal context of domestic violence and develop interagency relationships and strategies to enhance access to justice and safety.
- Discuss best practice for working with CALD women, including knowledge of intersectionality, the effects of racism, an understanding of the barriers to services and strategies to enhance culturally competent service provision.

### 15EV108 – Domestic violence for drug & alcohol & mental health workers

#### Target Group

Drug and alcohol workers and mental health workers

#### Description

Drug and alcohol workers and mental health workers have contact through a range of presentations with victims and perpetrators of domestic violence. This 2 day course provides an opportunity to discuss the tactics of domestic violence and the social contexts that support these as well as the physical and mental health outcomes for people who experience domestic violence (mainly but not exclusively women and children). There is a focus on the implications of child protection responsibilities in domestic violence work, best practice in interventions that protect children and maximise safety of the victim. Health workers’ roles and responsibilities in responding to perpetrators of domestic violence are also covered.

#### Learning Outcomes

- Discuss definitions of domestic/family violence, tactics used and prevalence and incidence amongst diverse populations.
- Identify the social, cultural and historical contexts that support the tactics of domestic violence and shape community attitudes.
- Demonstrate an understanding of the impacts of domestic violence on children, and child protection responsibilities which support mothers in safe parenting.
- Recognise the importance of cross agency collaboration, advocacy and case management when responding to victims of domestic violence.

### EV64 Domestic violence and cultural diversity

#### Target Group

Health workers, interagency workers, bilingual and ethno-specific workers who provide services to women and children who experience domestic violence.

#### Description

This 2 day course outlines prevention and intervention strategies that effectively address the needs of women from culturally and linguistically diverse communities who experience domestic violence. The course is designed to reflect the diversity of cultural and social considerations that matter when dealing with women and their children. Relevant legal issues are covered such as immigration laws and apprehended violence orders. Workers are provided with the opportunity to examine practical scenarios and to learn about relevant referral services and resources.

#### Learning Outcomes

- Demonstrate knowledge of definitions, prevalence and dynamics of domestic violence, particularly in relation to people from CALD backgrounds.
- Explore and challenge common beliefs and attitudes to people who experience domestic violence and how this impacts on them and their access to services.
- Demonstrate knowledge of the impact of domestic violence on children and child protection responsibilities.
- Demonstrate knowledge of the legal context of domestic violence and develop interagency relationships and strategies to enhance access to justice and safety.
- Demonstrate an understanding of cultural competence when supporting CALD clients who are victims of interpersonal violence.
- Discuss best practice for working with CALD women, including knowledge of intersectionality, the effects of racism and an understanding of the barriers to services and strategies to enhance culturally competent service provision.
## 15EV115 – Advanced workshop for domestic violence counselling

**Target Group**
Workers who have training and work experience in providing counselling or support services to people who experience domestic violence and who are looking for additional insights and skills.

**Description**
Where does a skilled domestic violence counsellor or support worker go to discuss advanced practice questions and gain more insight? This 2 day course is an opportunity for those experienced in addressing domestic violence issues to explore some of the complex practice and theoretical challenges that arise from working with this important client group. The facilitator will provide some input and hopes to create a safe environment for participants to raise and reflect on issues and challenging cases, as well as to share discoveries and strategies they have found effective.

**Pre-requisite**
Completion of a two day domestic violence training and at least one year practice experience in this field.

**Learning Outcomes**
- Examine a foundational framework for working with people experiencing domestic violence.
- Demonstrate enhanced insight into the mindsets and behaviours of different perpetrator ‘types’, including perpetrator tactics that keep some women ‘stuck’.
- Explore a deeper understanding of how children experience domestic violence, the impacts on them and the impact of the perpetrator on the relationship between mothers and children.
- Consider how cultural contexts can impact on the experience of domestic violence.
- Demonstrate knowledge of how to work effectively with women and children experiencing domestic violence whilst keeping safety in the forefront.

## 15EV112 – Domestic violence for bilingual community educators

**Target Group**
NSW Health Bilingual Community Educators (BCE’s)

**Description**
Domestic violence occurs nationally, globally and across all cultures. Cultural ideas can shape a community’s experience and understanding of domestic violence. Bilingual Community Educators are an important resource to their community on many issues. This 3 day course provides guidance and support for BCEs in raising awareness of domestic violence within their communities so there is a better understanding of how domestic violence occurs and the effects it can have on women’s lives. Day 1 and 2 provides BCEs with an overview of issues relating to domestic violence and explores the complexities of gender, culture and violence. On Day 3 participants will be given the opportunity to trial the “Family Harmony and Healthy Relationships” training module. There will be a focus on practising this training so they can deliver it to their communities.

**Learning Outcomes**
- Demonstrate knowledge of definitions, prevalence and dynamics of domestic violence, particularly in relation to people from CALD backgrounds.
- Demonstrate knowledge of common beliefs and attitudes to people from CALD backgrounds who experience domestic violence and how this impacts on them and their access to services.
- Discuss the impact of domestic violence on children from CALD backgrounds.
- Explain the legal context of domestic violence and list services available to women experiencing domestic violence.
- Discuss the program “Family Harmony and Healthy Relationships” and the issues that they will face in delivering this program.
15EV137 – Knowing me, knowing you: Domestic Violence group work with women and children

**Target Group**
 Experienced domestic violence workers who wish to provide or enhance group work responses for women and their children who experience domestic violence.

**Description**
This 2 day experiential course provides frameworks and practical skills in group work with women and their children who have experienced domestic violence. Within feminist perspectives, we explore how group work can be utilised to assist in the healing process, including strengthening the bond between mothers and children so often fractured by the impact of domestic violence. The various group work intervention options considered promote strength based approaches which prioritise safety for women and children. The planning and facilitation of potential programs tailored to specific target groups in participants work contexts are a focus of the course.

**Pre-requisites**
Completion of at least 2 days domestic violence training and at least one year practice experience in this field

**Learning Outcomes**
- Demonstrate an understanding of feminist perspectives of group work which can assist in the healing process.
- Examine various group work intervention options, auditing their capacity to promote strengths and prioritise safety for women and children. The planning and facilitation of potential programs tailored to specific groups in various work contexts.
- Plan and consider facilitation issues for programs tailored to specific groups in various work contexts.

15EV118 – Violence against women in refugee communities

**Target Group**
Health workers, interagency workers, bilingual and ethno-specific workers who provide services to women and children who experience domestic violence.

**Description**
This 2 day course provides an understanding of the specific needs related to refugee women’s experience of domestic violence. It outlines a framework for understanding domestic violence which covers the definition, prevalence and impact. It also allows workers to understand additional challenges such as past refugee experiences, immigration and settlement issues. The course is designed to reflect the diversity of cultural and social considerations that matter when working with refugee women, their children and their protection preferences and contexts.

**Learning Outcomes**
- Demonstrate knowledge of definitions, prevalence and dynamics of domestic violence, particularly in relation to the refugee experience.
- Discuss common beliefs and attitudes to people who experience domestic violence and how this impacts on them and their access to services, particularly in relation to people from refugee backgrounds.
- Demonstrate knowledge of the impact of domestic violence on children, and child protection responsibilities in relation to this.
- Demonstrate knowledge of the legal context of domestic violence and develop interagency relationships and strategies to enhance access to justice and safety.
- Discuss best practice for working with NESB/ CALD people from refugee backgrounds, including knowledge of intersectionality, the effects of racism, an understanding of the barriers to services and strategies to enhance culturally competent service provision.
### NSW Health specialist sexual assault services training

**Target Group**
Counsellors employed by NSW Health sexual assault services.

**Description**
This course provides a comprehensive introduction to working with children, young people and adults who have been sexually assaulted. This involves delivery of 3 weekly programs scheduled over the calendar year to allow time between training to integrate new learning into practice.

**EV11 NSW Health specialist sexual assault services training (Part 1)**
This training provides an overview of the core standards and policies and legal requirements relevant to the sexual assault field. This course also provides an introduction to essential skills to this particular area of work. Topics include the socio-political context of sexual violence, the dynamics and impact of adult and child sexual assault, interagency functioning, legal issues, crisis intervention, therapeutic approaches and vicarious trauma.

**EV12 NSW Health specialist sexual assault services training (Part 2)**
This training focuses primarily on the essential follow-up counselling skills required in sexual assault work. Topics include working in challenging and complex systems, therapeutic frameworks and approaches for working with children and adults who have been sexually assaulted, ethical boundaries, working in rural communities, report writing and vicarious trauma.

**15EV105 NSW Health specialist sexual assault services training (Part 3)**
This training provides an intensive focus on specialised areas of sexual assault work, including: mental health, disability, working with children and families where cumulative trauma exists, male sexual assault and cultural competence in accessing Aboriginal communities. It also examines ways of working with culturally diverse populations to ensure better access to sexual assault services.

### Part 1 Learning Outcomes
- Demonstrate an understanding of NSW Health's role in the development and implementation of Health and Interagency Policy and Guidelines for responding to sexual assault and knowledge of and options and components of forensic and general medical examinations.
- Demonstrate knowledge of the dynamics and impact of adult and child sexual assault, the grooming process, specific issues associated with drug facilitated sexual assault presentations and mitigating issues for victims.
- Discuss the role of the sexual assault counsellor including therapeutic crisis intervention skills, provision of a coordinated response in partnership with the key agencies and requirements relating to documentation and subpoena’s.
- Demonstrate an understanding of the criminal justice response to sexual assault in NSW and the role of sexual assault counsellors in supporting victims of sexual assault through the criminal justice process.
- Demonstrate an awareness of vicarious trauma, including its features and strategies of minimising the impact.
- Discuss the value of cross agency collaboration in the context of individual support and therapeutic work.

### Part 2 Learning Outcomes
- Identify the short and long term effects of sexual assault including the core features, treatment issues and strategies to address symptoms of psychological trauma, Post Traumatic Stress Disorder (PTSD) and Complex PTSD within a trauma framework which prioritises safety.
- Demonstrate knowledge of effective responses to children, young people and adults within the counselling context.
- Define culturally competent responses to diverse population groups including Aboriginal or Torres Strait Island people and people of Culturally and Linguistically Diverse backgrounds.
- Demonstrate an understanding of how to work with children and young people in addressing the dynamics of child sexual assault. Identify and consider the vulnerability of clients in the therapeutic relationship, in particular the power differential, and develop strategies to address this.

### Part 3 Learning Outcomes
- Demonstrate increased knowledge, understanding and skills in working with marginalised and vulnerable people who have been sexually assaulted e.g. people with mental illnesses, disabilities, and people from an Aboriginal background or culturally and linguistically diverse background.
- Demonstrate increased knowledge, understanding and skills in relation to working with boys and men who have been sexually assaulted and working with children and families who have experienced cumulative trauma.
- Demonstrate a greater understanding of how to implement effective community education programs.

**Pre-requisite:** Completion of Part 1 (EV11) to do Part 2 (EV12) and completion of Part 2 (EV12) to do Part 3 (15EV105). Separate application forms must be filled in for Parts 1, 2 and 3.
Sexual Assault

15EV154 – Working with sexual assault: A course for NSW Health Child Protection Counselling Services workers

Target Group
NSW Health Child Protection Counselling Services’ (CPCS) workers

Description
It is increasingly recognised that many children and young people engaged with NSW Health CPC services are experiencing the effects of sexual abuse. Many of their parents/carers have also experienced sexual abuse which may influence their parenting styles and relationship with their children.

This 3 day course will provide CPCS workers with information about the incidence, dynamics, indicators and effects of both child and adult sexual assault. Research illustrating the significant links between sexual abuse, child development and parenting is discussed together with ways of responding to disclosures of past and recent sexual assault. Participants are invited to explore the application of this information to their current clinical practice.

Learning Outcomes
- Discuss the prevalence, demographics, social attitudes, signs, dynamics and impacts of child, adolescent and adult sexual assault.
- Explore offender tactics, impact on outcomes, relevance to clinical work and impact on disclosures.
- Identify effective responding, legal and statutory responsibilities, and evidence based best practice.
- Apply clinical interventions to address the effects of sexual assault for children, young people and their parents/carers.

EV06 – Foundations for working with adults sexually assaulted as children

Target Group
NSW Health workers, counsellors working in non government organisations and counsellors working in private practice who have contact with adults who experienced sexual assault in their childhood (e.g. midwives, early childhood nurses, alcohol and other drugs counsellors).

Description:
This 3 day course provides participants with the core knowledge, principles and frameworks for responding to adults who were sexually assaulted as children. Participants will develop a sound understanding of the dynamics of child sexual assault and the link between these dynamics and presentations to health and other services in adult life. The course includes information on how to respond to disclosures of sexual assault and provides information about a trauma framework that is appropriate for working with people who have been sexually assaulted. Other key issues such as safety, trust, boundaries, acknowledging strengths and engaging the client in the counselling relationships are also explored.

Learning Outcomes
- Define child sexual assault and outline the nature, prevalence and incidence, the dynamics and offender tactics used on the victims and other family members and how these relate to the short, medium and long term impacts of this trauma.
- Identify and discuss appropriate responses to disclosures of child sexual assault and treatment issues.
- Develop a framework for working with survivors of child sexual assault, including a sound understanding of the importance of safety in the therapeutic relationship and strategies to facilitate this.
- Identify resources and strengths within individuals who have experienced child sexual abuse and discuss how this perspective is essential in working with survivors along with utilising external resources available to assist this population.
- Demonstrate an awareness of the features of vicarious trauma and strategies to minimise the impact.
- Discuss the value of cross agency collaboration in the context of individual support and therapeutic work.
### EV07 – Utilising a trauma-informed framework in responding to child and adult sexual assault for mental health professionals

**Target Group**
Mental health staff (nursing, medical & psychiatric, allied health – psychology, social work, occupational therapy, students) working in frontline, case management or counselling/therapy contexts in community mental health, crisis and access teams, psychiatric hospitals and accommodation services.

**Description**
This comprehensive 3 day course will provide a safe face to face interactive learning experience across disciplines that acknowledges the significant prevalence of sexual assault trauma in the lives of mental health consumers. This course is both knowledge and skills based and participants will be able to discuss issues in relation to the people they work with and practice trauma-informed ways of working that will maximise compassionate and appropriate care. Utilising research, clinical knowledge and the latest neurobiological findings participants will more fully understand the links between sexual assault trauma and affective, cognitive, behavioural and somatic outcomes. Participants will also have the opportunity to reflect upon the impact of this work and ways to promote personal well-being and enhance ethical and excellent clinical practice.

It is increasingly recognised that many clients of mental health services have been sexually assaulted either as children or adults. This course provides mental health workers with information about the incidence, prevalence, demographics, indicators, dynamics, impacts and social attitudes related to child, adolescent and adult sexual assault. Research illustrating the significant links between sexual assault and mental health issues is discussed together with ways of responding to disclosures of past and recent sexual assault. Participants are invited to explore the application of this information to their current clinical practice.

**Learning Outcomes**
- Information and discussion regarding the incidence, prevalence, demographics, indicators, dynamics, impacts and social attitudes related to child, adolescent and adult sexual assault.
- Explore tactics used by sex offenders, the impact on outcomes, relevance to clinical work and impact on disclosures.
- Identify effective responding, legal and statutory responsibilities, and evidence based best practice.
- Discuss workers’ responsibilities in the promotion, prevention and response to sexual assault and sexual incidents in mental health facilities.
- Identify ways of minimising vicarious trauma to promote optimal well-being and clinical practice.

### EV08 – Children under 10 with problematic sexualised or sexually abusive behaviour

**Target Group**
Counsellors employed by NSW Health workers in NSW Health Sexual Assault Services, Child Protection Counselling Services, Child and Family Teams and Child and Adolescent Mental Health Services

**Description**
Research is showing that there is a larger than previously recognised group of children under the age of 10 who display problematic sexualised behaviour. Early intervention and treatment is critical as it reduces the risk experienced by these children and the other children within these children’s network. This 2 day course looks at the sexual development of children and the views of leading practitioners and researchers about when a child requires a specialist treatment response. It outlines a treatment approach based on a child protection framework and the involvement of all relevant systems that impact on the child and family.

**Pre-requisite**
Completion of a child sexual assault course or a child abuse and neglect course.

**Learning Outcomes**
- Understand the developmental stages of children’s sexual behaviour and identify appropriate versus inappropriate behaviour and the factors most highly correlated with problematic sexualised behaviours.
- Demonstrate an understanding of how a child protection framework provides an important therapeutic framework for working with children with sexualised behaviours.
- Develop an understanding of the core components of assessment and treatment, including the multi-systemic “ecological” nature of assessment and therapeutic intervention, strategies to facilitate this process and how personal and societal attitudes influence practice.
- Build on skills in working with parents and children on specific topics, identifying and implementing key components needed in the review of clinical progress in relation to the sexualised behaviours.
- Discuss the value of cross agency collaboration in the context of individual support and therapeutic work.
### EV13 – Responding to people with a disability who have been sexually assaulted

**Target Group**  
Sexual assault, child protection, disability and generalist counsellors.

**Description**  
This 3 day course outlines current counselling practices with children and adults who have an intellectual and/or physical disability. Content includes: the dynamics and indicators of sexual assault, assessing and working with the traumatic effects of sexual assault, the role of the counsellor – therapist, advocate or learner, accessing the legal system, the use of communication tools, working in and with the person’s network and the role of prevention. There is also a focus on the impact of this work on counsellors and ideas for standing strong in the struggles. Workers who have attended sexual assault training may negotiate partial attendance with the ECAV course coordinator.

**Learning Outcomes**  
- Demonstrate an understanding of the prevalence, dynamics and effects of sexual assault of people with a disability.
- Identify the barriers that prevent people with disabilities from disclosing sexual assault.
- Identify best practice strategies to enable better access of this group to support services.
- Demonstrate knowledge of effective responses and interventions.
- Demonstrate an understanding of applying collaborative practice when working with people with disabilities.

### EV20 – Group work with adults sexually assaulted as children

**Target Group**  
Counsellors working with adults who have been sexually assaulted as children.

**Description**  
Group work is an important approach in overcoming isolation and secrecy, two of the legacies of sexual assault in childhood. This course provides an overview of group work theory and draws out issues of relevance to sexual assault survivors. It examines some group work models used in work with survivors. It also provides participants with skills in designing a program, group facilitation, session planning and responding to difficult situations.

**Pre-requisite**  
Completion of child sexual assault or adult survivors of child sexual assault training.

**Learning Outcomes**  
- Identify research outlining the outcomes for therapeutic groups for this population group.
- Demonstrate knowledge of best practice models for planning, implementing and evaluating groups.
- Identify critical elements in group member selection.
- Demonstrate elements of group work practice.
- Demonstrate an understanding of how to manage a range of challenging group process issues.

### EV21 - Who can a man tell? Working with men who have been sexually assaulted

**Target Group**  
Health, welfare and other counsellors working with men.

**Description**  
This 3 day course examines a range of issues experienced by men who have been sexually assaulted as adults and those who are survivors of child sexual assault. The relationship between the dynamics of child sexual assault and dominant social constructions of masculinity are explored. The child's coping strategies and later difficulties as an adult are highlighted. Therapeutic approaches with men who have been sexually assaulted, either as adults or as children, are investigated. Male and female workers have the opportunity to examine gender issues that may arise in their work with male clients.

**Learning Outcomes**  
- Identify the prevalence, dynamics and impacts of male sexual assault.
- Identify societal beliefs about masculinity and sexual assault and examine the impact for male victims.
- Gain an understanding of how best to respond and support men who have disclosed sexual assault.
- Identify how gender and sexuality can impact on professional practice.
Sexual Assault

EV95 – In the shadow of the offender

Child sexual assault research consistently finds that the most critical factor in a child’s recovery from sexual assault is being believed and supported by the non-offending carer (this is usually the mother of the child). Workers attempting to respond to families in crisis of disclosure and beyond are often confronted with powerful and confusing dynamics that act to restrain the mother from fully believing and supporting her child. These restraints are linked to the way in which the offender has created divided loyalties within the child and mother’s networks, effectively dividing them and undermining the relationship between them. This 3 day course will explore the impact of the offender’s behaviour on the relationships between the child who has been assaulted, the siblings and the mother. A range of key systemic (interagency) interventions will also be identified.

Learning Outcomes

- Demonstrate knowledge of the dynamics, tactics of abuse, prevalence, and effects of child sexual assault.
- Identify the process and strategies that offenders use to engage and maintain children in sexually abusive situations and the impact this has on disclosure.
- Demonstrate an understanding of the disclosure process for children and young people who have experienced child sexual assault.
- Identify effective engagement strategies with non-offending care givers.
- Identify effective interventions in building and strengthening relationships between children and their non-offending care givers.

EV73 – Medical management of adult sexual assault

Target Group

Medical officers working within or interested in working with NSW Health Sexual Assault Services, providing acute medical, forensic and follow-up services to adult victims of sexual assault.

Description

This training will assist medical officers working with NSW Sexual Assault Services to provide medical and forensic examinations and follow-up services to adult victims of sexual assault. The course addresses the needs of adult sexual assault victims, the role of Sexual Assault Services, and the doctor’s role in providing medical care, treatment and follow-up. The interface between medical and legal aspects of the role is covered, in particular forensic examination, documentation of forensic evidence, what is to be covered in an expert certificate or statement, and the doctor’s role as expert witness in giving medical evidence in adult sexual assault criminal proceedings.

Learning Outcomes

- Identify the role of the NSW Sexual Assault Services and the needs of adult sexual assault victims.
- Identify the role of the GP and Medical Officer in providing medical assessment, treatment, and follow-up to adult victims of sexual assault.
- Identify medico-legal aspects including: forensic examination, documentation of forensic evidence, statement writing.

Please contact the Sexual Assault Educator at ECAV to request this training.

EV97 – Adult & child sexual assault for consumer support workers

Target Group

Consumer support workers employed with NSW Health

Description

Many clients of mental health services have been sexually assaulted, either as children or adults. This 3 day course provides consumer workers with information about the incidence, dynamics, indicators and effects of both adult and child sexual assault. It includes information on how to respond to disclosures of past and recent sexual assault, and outlines some recent developments which seek to understand the links between mental health issues and sexual assault.

Learning Outcomes

- Demonstrate knowledge of definitions, prevalence and characteristics of child and adult sexual assault.
- Discuss evidence of the links between sexual assault trauma and mental health issues.
- Outline implementation of the NSW Health Sexual Safety guidelines and policy for mental health facilities in prevention, risk assessment and responding to sexual assaults and sexual activity.
- Describe best practice for the prevention of re-traumatisation for mental health consumers in inpatient settings.
15EV111 – Sexual assault in the correctional environment

Target Group: Justice Health workers

Description:
It is increasingly recognised that many inmates in correctional facilities have been sexually assaulted, either as children or as adults. This 2 day course will provide justice health workers with information about the incidence, dynamics, indicators and effects of both adult and child sexual assault. It will include information on how to identify and respond to disclosures of sexual assault in the correctional environment, and issues relating to people from Aboriginal communities. Participants will be invited to explore the application of this information to their current work, and to develop strategies they can use to manage issues that arise for them related to the management of sexual assault.

Learning Outcomes:
- Discuss the prevalence, demographics, social attitudes, signs, dynamics and impacts of sexual assault.
- Explore offender tactics and the impact this can have on victims.
- Identify effective responses to disclosures within the corrections context, that considers legal and statutory responsibilities.
- Discuss workers’ responsibilities in relation to victim care and safety.

15EV114 – Implementing safety from sexual assault and harassment in mental health inpatient units

Target Group: Mental health staff (nursing, medical & psychiatric, allied health- psychology, social work, occupational therapy, security officers) working in acute inpatient facilities.

Description:
International research has established that mental health consumers are subjected to sexual assault trauma at higher rates than the general community. This interactive course provides information and small group activities to focus primarily on the promotion of safety, the prevention of assault and harassment and best practice in responding to disclosures of sexual assault when they occur within inpatient settings. Participants will also be encouraged to reflect on practices and procedures that aim to minimise re-traumatisation within the inpatient setting. Participants will be provided with their local area sexual safety policy.

Research has established that many clients of mental health services have been sexually assaulted, both as children and adults. This course provides participants with information about the incidence, dynamics, indicators and effects of sexual assault. Practical ways of assessing and managing the sexual safety of consumers within inpatient facilities are explored. Participants are invited to explore the application of this information and related NSW Health Department policy and legislative responsibilities to their current work context.

Learning Outcomes:
- Demonstrate knowledge of definitions, prevalence and characteristics of child and adult sexual assault.
- Discuss evidence of the links between sexual assault trauma and mental health issues.
- Outline implementation of the NSW Health Sexual Safety guidelines and policy for mental health facilities in prevention, risk assessment and responding to sexual assaults and sexual activity.
- Describe best practice for the prevention of re-traumatisation for mental health consumers in inpatient settings.
15EV117 – Interpreting for people who have experienced sexual assault

Target Group
Interpreters

Description
Interpreting for people who have experienced sexual assault can present particular challenges for interpreters and other service providers. To work effectively with counsellors, social workers and healthcare professionals, it is important that interpreters have a clear understanding of the nature of these crimes and the effects on the victim. This 1 day course focuses on issues related to sexual assault and the impact this has on interpreters. Other content areas include: the importance of maintaining professional boundaries, effective strategies in working with healthcare and other service providers, and roles and responsibilities in relation to relevant policy and protocol.

Eligible for 20 professional development points under NAATI re-validation process.

Learning Outcomes
- Demonstrate knowledge of definitions, prevalence, dynamics and impact of child sexual assault.
- Demonstrate knowledge of definitions, prevalence, dynamics and impact of adult sexual assault particularly focusing on the migrant and refugee context.
- Discuss common beliefs and attitudes to people who experience sexual assault and how this impacts on them and their access to services.
- Demonstrate knowledge of the legal context of sexual assault.
- Identify the challenges for interpreters in interpreting for people who have experienced sexual assault and develop strategies to address these.

15EV124 – Holding the frame: Advanced therapeutic work with adult survivors of child sexual assault

Target Group
Counsellors providing therapeutic services to adults.

Description
This is an advanced 3 day course designed for practicing counsellors and therapists. This course explores in depth, therapeutic work with adult survivors of child sexual assault. Using a psycho dynamically informed framework, the workshop looks at assessment, the therapeutic frame, the therapeutic relationship and traumatic responses such as: self-injury, dissociation and traumatic regression. A variety of teaching methods are used, including role plays based on case scenarios.

Pre-requisite
Completion of adult survivors of child sexual assault training.

Learning Outcomes
- Develop specialist understanding of a psychodynamic therapeutic framework.
- Demonstrate knowledge in the neurobiology of trauma.
- Develop skills in assessing traumatic impact.
- Develop understanding and skills in providing safety and containment within the therapeutic relationship.
- Identify helpful tools in addressing the impact of vicarious traumatisation.
# Sexual Assault

## 15EV139 – Implementing safety from sexual assault and harassment in child & adolescent mental health inpatient units

**Target Group**

Mental health staff working in child & adolescent mental health facilities (medical & nursing staff, allied health & teachers).

**Description**

Research has established that many clients of mental health services have been sexually assaulted in childhood and adolescence. This interactive workshop provides information and practical ways of assessing and managing the sexual safety of children and young people within inpatient facilities. Participants are invited to explore the application of this information and related NSW Health Department policy, Community Services policy and other legislative responsibilities to their current work context.

Research has established that many clients of mental health services have been sexually assaulted in childhood and adolescence. This 1 day course provides participants with information about the incidence, dynamics, indicators and effects of sexual assault. Practical ways of assessing and managing the sexual safety of children and young people within inpatient facilities are explored. Participants are invited to explore the application of this information and related NSW Health Department policy, Community Services policy and other legislative responsibilities to their current work context.

**Learning Outcomes**

- Demonstrate knowledge of definitions, prevalence and characteristics of child and adolescent sexual assault.
- Discuss evidence of the links between sexual assault trauma and mental health issues for children and adolescents.
- Outline implementation of the NSW Health Sexual Safety guidelines and policy for mental health facilities in prevention, risk assessment and response to sexual assaults and sexual activity.
- Describe best practice for the prevention of re-traumatisation for children and adolescents in inpatient settings.

## 15EV141 - Working therapeutically with children and young people who have experienced child sexual assault

**Target Group**

Frontline workers and counsellors working with children and young people who have experienced child sexual assault and other forms of abuse.

**Description**

This 3 day course builds upon a basic understanding of child sexual assault. Theoretical ideas are transformed into skills based practice, enhancing worker competence and enriching intervention. The counselling process is explored in depth, creating new and different ways of assisting children and young people to move away from the effects of sexual assault.

**Learning Outcomes**

- Demonstrate an understanding of the profile of child sexual assault in terms of definition, prevalence, who the victims are and when and where it occurs.
- Identify the process and strategies that offenders use to engage and maintain children in sexually abusive situations and the impact this has on disclosure.
- Demonstrate an understanding of the impact of sexual assault.
- Identify and implement interventions and strategies that are helpful to the child, young person and non offending family members.
- Describe the legal and policy requirements in responding to child sexual assault.
.resource_list

Training Videos, DVDs & CD-Roms

IDENTIFYING AND RESPONDING TO CHILDREN AND YOUNG PEOPLE AT RISK OF HARM. Child Protection
Date: 2003 VHS and DVD
Target Group: NSW Health and child protection workers.

DOCTORS IN COURT. The medical expert witness in adult sexual assault criminal proceedings
Date: 2002 VHS and DVD
Target Group: Doctors attending court as expert witnesses in adult sexual assault criminal proceedings

“Caught Out: Witness under cross examination”
Date: 1989 DVD
Target Group: Medical doctors and sexual assault service counselors, called to give evidence in sexual assault criminal proceedings.

Cultural competence in working with suicidality and interpersonal trauma interactive
Date: 2006 CD ROM
Target Group: Frontline workers in a range of settings. These include: mental health services, Aboriginal family/domestic violence support services, sexual assault services, youth services, alcohol and other drugs facilities and physicians in General Practice.

COUNSELLING WITH INTERPRETERS. Sexual assault interviews
Date: 1988 VHS
Target Group: Sexual assault workers and sexual assault counselors in government and non-government services.

Manual

NOTHING BUT THE TRUTH. Court preparation for adult and child witnesses in sexual assault proceedings
Date: 2002.
Target Group: Professionals who are preparing child and adult witnesses in criminal court sexual assault proceedings.
Other resources for Health Professionals

**Domestic Violence Routine Screening resources**

*Date:* 2000  
*Target Group:* Health professionals implementing the NSW Health policy for routinely screening women at presentation to antenatal, child health, drug and alcohol and mental health services.

**Medical Management of Adult Sexual Assault Manual**

*Date:* 2005  
*Target Group:* Medical staff assessing and care for adults presenting to NSW Health Sexual Assault Services.

Community Education Pamphlets/Booklets

*These pamphlets / booklets can also be downloaded free of charge from the ECAV website or the NSW Health Intranet under Health Services or Rural Health*

**RECOVERING FROM ADULT SEXUAL ASSAULT: Navigating the Journey**

*Date:* 2008  
*Target Group:* Women who have been sexually assaulted as adults and family and friends providing support.

**WHAT IS SEXUAL ASSAULT AND WHERE YOU CAN GET HELP**

*Date:* 1999/2000  
*Target Group:* Multilingual communities and NSW Health Sexual Assault Services to promote their services to multicultural community organizations.

**SHARING THE UN-SHAREABLE: A resource for women recovering from child sexual abuse**

*Date:* 2011  
*Target Group:* Women who have been sexually assaulted as children and their family and friends providing support.
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<td>Safer lives, better health</td>
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<td>Sharing the Un-shareable: A resource for women recovering from child</td>
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<td>What is sexual assault &amp; where</td>
<td>Booklet</td>
<td>All services are free but postage &amp; handling</td>
<td>All services are free but postage &amp; handling charges apply</td>
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<tr>
<td>can you get help?</td>
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<td>charges apply</td>
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<td>7 Languages available.</td>
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Office use only
Total P/H to add:
Resource Order Form

Order Form
- Identify resources and quantities on previous page
- Ensure you include the FORMAT (VHS/DVD) required by circling the choice
- Make cheque payment once goods are received (invoice will be enclosed with postage & handling added)

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<tr>
<td>Job Title:</td>
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<tr>
<td>Organisation:</td>
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Organisation Type:
- NSW Health Sexual Assault & Child Protection Counselling Services
- Other NSW Health Services
- Non Government Organisation (NGO)
- Others – Please specify: ....................................................................................................................................................
- ........................................................................................................................................................................................................

Address:

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Email:

If different delivery address, attention to:

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<th>Name:</th>
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<tr>
<td>Organisation:</td>
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<td>Address:</td>
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Suburb:  | State: | Postcode: |
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<td>Phone:</td>
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Allow 14 days turnaround unless order is urgent phone 9840-4102 / 9840-3390

Please fax, email or post both pages to the details below.

Phone: (02) 9840 3737 | Fax: 02 9840 3754 | ABN 70 667 812 600
Email: ecav@wsahs.nsw.gov.au | Website: www.ecav.health.nsw.gov.au
Western Sydney LHD | Education Centre Against Violence | Cumberland Campus
Locked Bag 7118 | Parramatta CBD NSW 2124
A NSW Department of Health Statewide Service. Administered by Western Sydney Local Health District
# Requesting an ECAV Workshop in Your Area

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<th><strong>Name</strong></th>
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<td><strong>Position</strong></td>
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<td><strong>Organisation</strong></td>
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<td><strong>Email</strong></td>
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## Type of Training / Name of Course Requested

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<tr>
<th>Course No.</th>
<th>EV</th>
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<td><strong>Or Description</strong></td>
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## Preferred Date / Location / Target Groups

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<tr>
<th><strong>Date(s):</strong></th>
<th><strong>Location(s):</strong></th>
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<tr>
<td><strong>Target Groups for Training</strong></td>
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## Coordination

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<tr>
<th><strong>Coordinator:</strong></th>
<th><strong>(If different to requester)</strong></th>
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<tr>
<td><strong>I can provide:</strong></td>
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<tr>
<td>Venue &amp; Equipment (TV, VHS, OHP &amp; whiteboard)</td>
<td>Y</td>
<td>N</td>
</tr>
<tr>
<td>Morning &amp; afternoon tea</td>
<td>Y</td>
<td>N</td>
</tr>
<tr>
<td>Local advertising/promotion to attract participants</td>
<td>Y</td>
<td>N</td>
</tr>
<tr>
<td>Photocopying</td>
<td>Y</td>
<td>N</td>
</tr>
<tr>
<td>At least 18 people interested in this training</td>
<td>Y</td>
<td>N</td>
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## Other Comments

Charges now apply for most ECAV courses, please see ECAV Training & Resources Booklet for course fees. A small levy may be charged in rural and regional areas by the local co-ordinating agency to cover the cost of the venue and catering. However this must be negotiated with ECAV.

For courses outside NSW

As the Education Centre Against Violence is funded to service NSW Health staff, requests for training outside of NSW must be fully self-funded. Please ring ECAV to discuss these costs and training availability.

**Completing this Training Request Form assists ECAV in planning and conducting training across the State. Please contact Jo Campbell on 9840 3735 if you would like to discuss any of the above, your area's training needs or the course content. Thank you for your assistance.**

Phone: (02) 9840 3737 | Fax: 02 9840 3754 | ABN 70 667 812 600
Email: ecav@wsahs.nsw.gov.au | Website: www.ecav.health.nsw.gov.au
Western Sydney LHD | Education Centre Against Violence | Cumberland Campus
Locked Bag 7118 | Parramatta CBD  NSW  2124
A NSW Department of Health Statewide Service. Administered by Western Sydney Local Health District
What is involved in requesting and coordinating an ECAV course?

ECAV is responsible for organising the course flyer and application form, course registrations, scheduling dates and trainers, supplying all training materials and participant resources and delivery of the training. Each course is assigned a closing date (6 weeks prior to the course), the local contact person is required to make contact with the ECAV course co-ordinator at least 2 months prior to this date so that they can distribute the flyer through their networks. **Please do not make any changes to the flyer and application form.** ECAV usually requires a minimum of 12 participants and a maximum of 25 participants.

The ECAV course co-ordinator will liaise with the local contact person via the telephone on the closing date to discuss the selection and administration of letters to applicants. Once the course has closed the ECAV course co-ordinator will arrange to send out acceptance, non-acceptance and waiting list letters. For detailed information about the course application process and course fees, please see the ECAV website.

When requesting an ECAV course a local contact person needs to be identified to liaise with the designated ECAV course co-ordinator. The local contact person is responsible for the tasks outlined below;

- Contact and liaise with the ECAV course co-ordinator
- Advertise and promote the workshop locally
- Provide and fund a wheelchair accessible venue
- Provide and fund morning and afternoon tea for each day of the workshop
- Organise tea and coffee on arrival for each day of the workshop
- Provide necessary training equipment
- Complete the ECAV Training Venue Checklist (see attached)

Venue

Secure a venue well in advance and ensure it is a quiet, private room that comfortably holds 20/25 people in a horseshoe formation, ideally with additional space for small group work. Venue is to be suitable for interactive workshops rather than lecture style. Adequate heating and ventilation is also required. It is essential that one venue is organised for the duration of the course. ECAV requests that the training venue complies with OH&S legislation and is wheelchair accessible. The local contact person needs to complete the ECAV Training Venue Checklist and return it to the ECAV coordinator approximately 6 weeks prior to commencement of the course.

Training Equipment

The local contact person in consultation with the ECAV course coordinator is responsible for organising the following: 20/25 chairs, table to display resources, whiteboard, TV & VHS/DVD, data projector & laptop if available.

Refreshments

Tea and coffee is to be ready on arrival, the tea and coffee making facilities should be slightly separate from the main training area. Organising a substantial morning and afternoon tea for each day of the training is also important. Courses run in rural areas may charge a small fee to participants to cover the costs of morning/afternoon tea and the venue. This is to be negotiated via the ECAV course coordinator. The local contact person would be responsible for the collection and receipt of this money as this is a local issue unrelated to the training offered by ECAV.

If the identified local contact person experiences difficulty with any of these tasks or if there is a change in the designated person allocated to these duties, the ECAV course co-ordinator is to be informed as soon as possible so they can ensure the necessary planning takes place.

**Please note that the requestor/coordinator of an ECAV course can negotiate a free place in the workshop with the ECAV Coordinator.**

If you have any queries about requesting training please contact Jo Campbell, Associate Director on 9840-3735.
Catharina Webb, Statewide Educator. Has worked as a counsellor for over 13 years, mainly with sexual assault services. She is currently the Service Coordinator with Rosebank Child Sexual Abuse Service. Catharina has a commitment to encouraging other workers in supporting people who have experienced sexual abuse.

Eva Adamkiewicz, Statewide Educator. Has overseas training and experience in journalism. She has extensive experience in counselling, casework, community development, group work, training and management. For the last 20 years she was working with the individuals and groups of different cultural and linguistic backgrounds on health and welfare issues. In the past 8 years she was coordinating the Bilingual Community Education (BCE) Program in the Sydney West Area Health.

Jane Adams, Statewide Educator. Is a Kamilaroi woman and has over 15 years experience working with Aboriginal people and communities to address issues of family/domestic violence, drug and alcohol and more recently education on developing skills to respond to child protection, child sexual assault and child abuse/neglect.

Jeannette Walsh, Statewide Educator. Has worked in the area of cultural diversity for the past 6 years. She received an Australian Learning and Teaching Council citation in 2009 for her work in building the capacity of communities to engage with people from diverse backgrounds. She has worked in child and adolescent mental health and counselling services and has extensive experience in providing counselling, supervision and management.

Kathy Horne, Statewide Educator. Has over 20 years experience providing therapy, supervision, management and training in government and non-government organisations, specialising in child protection, family therapy and working with young people.

Lynn Mitchell, Statewide Educator. Has extensive experience in providing counselling, supervision, management and training. She has worked in the area of sexual assault and victims of crime and she has an interest the rights of victim/witnesses in the criminal justice system.

Marlene Lauw, Statewide Educator. Is a Wiradjuri woman with extensive experience working with Aboriginal Communities providing support counselling, advocacy and group work. She has specialist skills in competency based training workforce development, in the areas of domestic violence, sexual assault and child protection. Marlene is dedicated and passionate about working with community in reducing incidents of interpersonal violence through education.

Raelene Boxwell, Statewide Educator. Has extensive experience in providing counselling, supervision, management and training. She has worked in the area of sexual assault and specialised in providing services to young people who have experienced all forms of abuse.

Sarah Stewart, Coordinator: Intersectoral Domestic/Family Violence Education and Training. Has extensive experience as an adult educator and trainer across a range of diverse sectors, in both government agencies and NGOs. Her background includes many years working in the community sector providing domestic violence support services, as well as experience in mental health education, multicultural health and diversity training.

Schauntele Sagigi Statewide Educator. has extensive experience in Education as a facilitator/Trainer and has Self Management, mentoring, counselling & Supervision skills. She has 20 years of experience working with Aboriginal and Torres Strait Communities and Organisations across NSW and wider areas and has great interest in the social Justice issues in Indigenous Health.

Sigrid Herring, Statewide Educator. Has over 20 years experience working with Aboriginal families and communities and has specialist skills in community management, case management and groupwork. She has extensive training experience in Aboriginal cultural competency, community development, governance and family violence.

Vivianne Fatu, Statewide Training Coordinator. Viv’s role is to coordinate workshops this includes liaising with venues and trainers as well as various administration tasks. She has extensive knowledge about the ECAV training coordination systems and plays a vital role in supporting the ECAV training team.
ECAV Team

Management

**Lorna McNamara, Director.** Has been Director of ECAV for nine years and prior to that was the senior health educator for the mental health and sexual assault portfolio. Lorna has had an active role in research projects such as Every Boundary Broken, which was pivotal in establishing policy on sexual safety in NSW mental health services. Lorna’s current focus is the development of qualification pathways to support an Aboriginal workforce skilled in case management and counselling in the specialist areas of sexual assault, domestic family violence and child abuse.

**Jo Campbell, Associate Director.** Has many years experience working in the area of sexual violence, both in NSW and Tasmania. She has specialist skills in working with children and adults who have experienced trauma. She also offers training and management skills and one of her major projects is managing the training calendar.

Information Services

**Lilian Bonnici, Librarian.** Has over 30 years experience in knowledge management, concentrating her efforts in special libraries. She offers skills in organisation and research and is committed to equality in our community.

**Vanessa Dray, Information Technology and Events Coordinator.** Has high-level computer skills including multimedia, web and trouble shooting and manages the ECAV equipment, website and intranet site. She also has vast event management experience and manages the ECAV events which include international guest speakers, graduations and state-wide forums.

Administration

**Ann Pereira, Office Manager.** Manages the administration team and is responsible for accounts. She also handles the day to day running of the office including course registrations, training and enquiries, building maintenance and stock for the office.

**Geeta Bellett, Administration Officer.** Manages the resource orders and distribution. She also deals with participant registrations and enquiries, bookings for trainers and other various administration tasks.

**Mariam Singh, Administration Officer.** Assists with course registrations, developing learning materials and resource distribution. She ensures the team have the necessary documentation to deliver training.
Alison Horsley has worked as a sexual assault counsellor for 9 years, and has a particular interest in working with young people and with adult survivors. She currently works at the Northern Sydney Sexual Assault Service.

Ava Pauchard has many years experience working in the areas of mental health and domestic violence services. She has specialist skills in group work with women who have experienced trauma. Recently she has been involved in developing and facilitating a pilot group program for women and their children who are recovering from domestic violence.

Carol Stevenson is a General Practitioner working in aboriginal health in Lismore. She is the medical coordinator of the Richmond Sexual Assault service and a GP lecturer at the University Center for Rural Health North Coast. Carol has worked in the field of forensic and medical management of adult sexual assault since 1995.

Chris McCabe has many years experience in mental health, drug and alcohol and sexual assault. Her skills include counselling and psychotherapy, groupwork, education, supervision and management.

Cathy Want is a sexual assault worker who has been in the field for over 20 years. She is currently Service Manager at Rosie’s Place which is a non-government counselling service for children, young people and non offending family members who have experienced sexual assault and/or domestic violence. Cathy’s practice stems primarily from a feminist analysis of violence against women and children and informed by a trauma focused model. Her experience involves individual and family counselling, group work, sexual assault training and the development of many publications from Rosie’s Place which come primarily from co-research practices with clients.

Caron Hewett has worked in child and family health services for over 22 years as a clinician, educator and group work coordinator. For the past 6 years she has been employed at ECAV as a Statewide Child Protection and Domestic Violence educator. Prior to this, she worked as a violence, abuse and neglect educator and consultant. She has extensive experience in competency based training and RTO requirements.

Denise Voros has worked in the areas of domestic violence and child protection to address social justice issues. She has primarily worked with migrant and refugee communities, in both the government and non-government sectors. She has recent experience in policy development and managing youth services in the Northern Territory.

Diana Milosevic is an overseas medical graduate who has been working for 10 years with the NSW Refugee Health Service and for the past 6 years as a General Practitioner Liaison and Projects Worker.

Donna Roese is employed at the Wollongong Sexual Assault Service. Over the past 15 years, she has worked with children, parents, adults and their families. For the past 11 years Donna has worked with children, parents, adults and families, who have experienced sexual abuse and trauma, including working with children under 10 years with sexualised behaviours. Donna has extensive experience in child protection, therapy, crisis work and in facilitating training on child protection, trauma, sexual assault and sexualised behaviours.

Eric Hudson is an experienced relationship counsellor with over 25 years experience, he now works in private practice in North Sydney. His expertise as an educator and trainer covers the areas of sexual assault and domestic violence. His work as a relationship counsellor has provided him with a keen understanding of the dynamics and impacts of abuse and violence, as well as a rich understanding of the pathways to recovery. He has a particular interest in the issues for men and boys who have been sexually assaulted. He has also developed expertise in engaging and responding to men who use violence in their intimate partner relationships.

Ellie Freedman is a Sexual Health Physician and Medical educator. She works at Northern Sydney Sexual Assault Service as a Forensic examiner and Medical Coordinator and is a consultant to Family Planning NSW.

Greg Yee has been a family and relationships counsellor since 1990 with a special interest in domestic violence. He has co-ordinated services for women and children affected by domestic violence and male perpetrators of domestic violence. For the past 7 years he has been in private practice, and he has been providing training for the past 15 years.

Ivan Clarke is the senior Aboriginal Counsellor with Link-Up NSW specialising in supporting stolen generation clients with alcohol and other drug issues, trauma, grief and loss, dual diagnosis and mental health issues. In the last 10 years Ivan has worked in the social welfare/counselling field at the WHO’s Rehabilitation facility, Foundation house and the Salvation Army Foster House before joining Link-Up NSW.

Jack Draper runs her own consultancy (Sybil Services: Creating Change) providing feminist community development, anti homophobia workshops, lesbian health information, training to reduce violence against women and community art projects. Jack has worked in the women’s sector for 32 years promoting lesbian human rights as Convenor of Activist Lesbians – Australia C.O.A.L., a UN accredited lobby NGO.

Jane Davidson is working at Northern Sydney Sexual Assault Service. She also works in private practice as a psychotherapist, clinical supervisor, consultant and educator. She has specialised in the field of sexual abuse for over 20 years as a clinician, educator and researcher.

Jayne Davies has worked in a variety of areas in her 20 years in the health and human services field. Commencing in women’s health as a domestic violence educator, she has also worked in out of school care, youth health, sexual health and sexual assault. She currently works in the alcohol and other drugs field at the MERIT program as a case manager.
Julie Blyth is a counsellor at Northern Sydney Sexual Assault Service and a Clinician and consultant in sexual assault. For the past 20 years she has provided training and curriculum development for ECAV across many domains of the interpersonal violence field. Julie has made an enormous contribution to building workforce capacity within sexual assault services. She is the author of a number of Publications about sexual abuse. Julie specialises in work with adult Survivors, working with people with a disability and the abuse of older people.

Julie Fletcher is a counsellor at Rosebank child sexual assault service. Julie has extensive experience in mental health. She has specialised skills in working with adults who have experienced trauma. Julie is also in private practice in Sydney.

Karen Menzies has an extensive background in child protection, education, health and human rights services. Karen currently works as a Lecturer with the Wollotuka Institute at the University of Newcastle. She designs curriculum and delivers training to government and non-government organisations. Karen is an Aboriginal woman from the Wonnarua people in the Hunter Valley. She is currently doing a PhD through the Children and Research Centre, Macquarie University.

Mareese Terare is a mother and grandmother. Her traditional connections are with the Bundjalung (Tweed Heads) and Geonpul Nations (North Stradbroke Island). She has had extensive experience in the higher education sector and has worked in the areas of child protection, family violence and women’s health for over 20 years. She is passionate and committed to challenging racism, discrimination and inequality. She has an interest in the impacts and implications of acculturative stress on Aboriginal kinship connections. Mareese is a current PhD Candidate with Sydney University.

Marion Brown practised as a lawyer for over 25 years. She has worked in private practice and as the principal solicitor of a Community Legal Centre, working primarily in the field of family law and violence against women and children. She was the Deputy President and a presiding member of the NSW Guardianship Tribunal from 1995 to 2007. In that role she heard many applications relating to adults with disabilities. She has also been a part-time hearing commissioner with the Human Rights and Equal Opportunity Commission. Marion now works as a consultant and trainer.

Margret Roberts has over 20 years experience in counselling victims of sexual assault, training and resource development. Her special interests are child sexual assault, legal issues and the sexual assault of men. Margret is currently a Manager at the NSW Health JIRT Referral Unit.

Marika Rozakis has extensive experience conducting consultation, assessment and/or interventions in the areas of Child Protection and Out of Home Care. She has a strong background working in the area of Child Sexual Assault and as a Youth Worker in crisis youth accommodation services.

Mary Jo McVeigh is the founding principal of Cara House, centre for resilience and recovery in Sydney. When Mary Jo completed her professional qualifications in Belfast, Ireland she began to work with children who had experienced abuse and trauma. Over 25 years later she is still passionate in her belief about the strength of children’s spirits and is inspired by all they have taught her about resilience and recovery. The depth of her Celtic heritage and the vigour of her clinical training help to sustain her passion for her work, a passion she likes to share with her colleagues by presenting at conferences, publishing books and writing professional papers.

Melva Kennedy is a Wiradjuri woman with over 20 years of experience delivering programs on child sexual assault and child protection to Aboriginal communities and workers. Melva is a member of the Aboriginal Communities Matter Advisory Group (ACMAG) and a specialist to ECAV. In 1999 Melva was awarded a Winston Churchill Fellowship, which enabled her to study in Child Abuse in indigenous communities in Toronto Canada.

Peter Skidmore is a solicitor and legal educator.

Pat Tierney is currently a sexual assault worker on the Central Coast. Pat has experience in domestic violence training, research and direct service provision in health, other government and non-government sectors. Previously she has worked at ECAV as a domestic violence educator for over 10 years.

Pam Greer is a consultant and trainer on Aboriginal issues and brokerage for communities. Pam has over 30 years experience delivering services and training to Aboriginal communities and specialises in domestic and family violence and the abuse of older people.

Rowena Lawrie is an Aboriginal/Scottish woman who was raised and lives on Daringbanga country (Central Coast NSW). She has over 15 years experience as a social worker, specialising in family violence and trauma within the Aboriginal community. She has worked in health, justice and human rights sectors and has published works on Aboriginal women in custody, therapy with Aboriginal people, circle sentencing and family violence. Rowena is passionate about the rights of Aboriginal people, innovating change for healthy living, her children and family.

Toni Ashmore has over 20 years experience in mental health and sexual assault. She has extensive skills in counselling, training, supervision, research and management with children, young people and adults.

Virginia Elliott is a consultant and trainer on Aboriginal issues. She has many years experience delivering training to Aboriginal communities across Australia. She specialises in cross-cultural issues and domestic and family violence.
**Participant Feedback**

<table>
<thead>
<tr>
<th>Quote</th>
<th>Description</th>
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<tbody>
<tr>
<td>“I have attended other DV courses but this has left me whole. A lot has come up for me on a personal level and work level. Sometimes I become overwhelmed we are NOT getting anywhere, after this I have Faith we are making a difference”</td>
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<tr>
<td>“Educating a small group of women in becoming a dynamic, empowered women, a force to be reckoned with.... we were able to cry, laugh and support each other”</td>
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<td>“Throughout both weeks I really appreciated how well prepared, genuine and engaging the presenters were. They managed the group process and challenging material in a way that felt very safe and supported.”</td>
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<tr>
<td>“Very good way to encourage and deepen knowledge and learning. Invaluable information about most-used therapies for trauma work.”</td>
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<tr>
<td>“Honestly, I have attended a lot of training and this is truly the best training I have ever attended. It was of a very high standard of excellence and I found it to be a life changing experience of professional growth and development.”</td>
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<tr>
<td>“For a 4-day course, the trainers were amazing at presenting to us – keeping us engaged and interested. Having people from a range of agencies was as beneficial as the content. We gained current information from current workers in the field.”</td>
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<tr>
<td>“I had many discussions with course participants in the breaks about how wonderful the interagency aspect of the training is. This brings a richness to the theory and learning. Experiences and stories from the ‘frontline’ are critical to us working together and gives a representation of what ‘community’ is.”</td>
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<tr>
<td>“This is by far one of the most useful and effective workshops I have ever attended. The presenters were very knowledgeable and worked seamlessly together. They managed to facilitate everyone’s contribution and build communication and relationships between us. There was a broad range of learning opportunities to suit a variety of learning styles. I got something out of every minute of this training! I would recommend it to anyone.”</td>
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<tr>
<td>“The passion, enthusiasm, honesty and care demonstrated by our facilitators is critical in the week and I want to thank them all for that.”</td>
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<tr>
<td>“I loved the (vicarious trauma) activity and the opportunity to listen to the experiences that people shared…just highlighted to me I am ‘normal’ and ‘not alone’.”</td>
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<tr>
<td>“Thank you for allowing me the time to reflect, breathe and get back in touch with slowing down the process and validating my skills. I guess what I am trying to say is that I feel validated and grounded again. Thank you for reigniting the passion in my gut and for helping me get back in touch with how I view people and problems, responses as opposed to effects.”</td>
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<tr>
<td>“I believe that learning is an ongoing requirement for any practice. This program has given me the information needed to continue – until now I felt that I was floundering. It has reassured my level of practice and overcome many of my fears (not all but many).”</td>
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</table>
## Aboriginal Resource List

### Training Videos & DVD’s & CD-Roms

<table>
<thead>
<tr>
<th>Title</th>
<th>Date</th>
<th>Target Group</th>
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<tbody>
<tr>
<td>BIG SHAME: A story about child sexual assault</td>
<td>1999 VHS and DVD</td>
<td>Target Group: Aboriginal workers and people working with Aboriginal communities</td>
</tr>
<tr>
<td>ANYONE’S STORY: Understanding and responding to adult sexual assault</td>
<td>2005 VHS and DVD</td>
<td>Target Group: Sexual assault counsellors and NSW Health workers working with clients who have experienced adult sexual assault.</td>
</tr>
<tr>
<td>SAFER LIVES, BETTER HEALTH: Understanding and responding to Domestic/Family Violence</td>
<td>2006 DVD</td>
<td>Target Group: This resource has been designed for health and interagency workers with a role in identifying and responding to people who experience domestic/family violence.</td>
</tr>
<tr>
<td>WHO’D THE LOSER? A story about family violence</td>
<td>1999 VHS and DVD</td>
<td>Target Group: Aboriginal workers and people working with Aboriginal communities</td>
</tr>
<tr>
<td>WHO CAN A MAN TELL? A story for men who were sexually assaulted as children, their parents, partners, spouses and friends.</td>
<td>2000. Reprinted 2003.</td>
<td>Target Group: Men who were sexually assaulted as children, men who have been raped, their parents, partners, spouses and friends.</td>
</tr>
<tr>
<td>WHEN A MAN IS RAPED A survival guide: Information for men who have been raped, their parents, partners, spouses and friends.</td>
<td>2002. Reprinted 2004.</td>
<td>Target Group: Men who have been raped, their parents, partners and friends.</td>
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### Community Education Pamphlets/Booklets

<table>
<thead>
<tr>
<th>Title</th>
<th>Date</th>
<th>Target Group</th>
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<tbody>
<tr>
<td>HELPING TO MAKE IT BETTER. Helping your child – Important information for parents and carers about the sexual assault of children</td>
<td>2001. Updated 2006.</td>
<td>Target Group: Parents and carers whose children have been sexually assaulted.</td>
</tr>
<tr>
<td>WHO CAN A MAN TELL? A story for men who were sexually assaulted as children, their parents, partners, spouses and friends.</td>
<td>2000. Reprinted 2003.</td>
<td>Target Group: Men who were sexually assaulted as children, workers coming into contact with men.</td>
</tr>
<tr>
<td>WHEN A MAN IS RAPED A survival guide: Information for men who have been raped, their parents, partners, spouses and friends.</td>
<td>2002. Reprinted 2004.</td>
<td>Target Group: Men who have been raped, their parents, partners and friends.</td>
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These pamphlets/booklets can also be downloaded free of charge from the ECAV website or the NSW Health Intranet under Health Services or Rural Health.
It is crucial that Aboriginal men have an opportunity to address the trauma and shame of their own histories of abuse, and time to reflect on how this has shaped their adult lives. This needs to be done in a safe and respectful way that ensures Aboriginal men are listened to, not talked at or for, their voices are heard, and their stories are told in their own words.

Over time it has become evident that Aboriginal men seeking personal support with violence and abuse issues prefer to speak in a men’s only context. In order to address the emerging issues for Aboriginal men in a culturally competent and respectful way, ECAV has established an Aboriginal men’s educational team.

Funding for this initiative has been provided by the Centre for Aboriginal Health, NSW Health. ECAV with the support of this department have developed the following suite of programs:

**Workshop 1: 15EV146 – Building Strong Foundations: Aboriginal Men Surviving Abuse**

This 3 day workshop aims to help Aboriginal men explore their own experiences of abuse. Information will be provided about the different types of abuse and their possible impacts, including pathways to recovery and movements toward resolution. Aboriginal men will have an opportunity to gain an understanding of their own stories, personally and within their families and community. It will assist in clarifying their personal goals, values and aspirations. Participants will be asked to form commitments for their ongoing healing to support themselves, their family and community well-being.

**Learning Outcomes**

- Gain an understanding of Aboriginal men's experiences of abuse
- Identify types of abuse and their impacts
- Identify personal goals, values and aspirations in relation to abusive experiences
- Gain an understanding of individual pathways to recovery and movements toward resolution

**Workshop 2: 15EV147 – Creating New Possibilities: Aboriginal Men Surviving Sexual Abuse**

The focus of this 3 day workshop will be talking openly about community experiences of male sexual assault in a safe way. This discussion will help identify the dynamics and impacts of male sexual assault that are relevant to Aboriginal communities. Aboriginal men will have an opportunity to understand and apply the pathways to recovery through remembrance and mourning. There will also be exploration into new possibilities as re-connections with self, family and community are established. The workshop will equip Aboriginal men with skills and strategies to support and assist those experiencing and recovering from abuse.

**Learning Outcomes**

- Identify the dynamics and impacts of male sexual assault relevant to Aboriginal communities
- Gain an understanding of the pathways to recovery through remembrance and mourning
- Identify new possibilities as re-connections with self, family and community are established

**Workshop 3: 15EV148 – Safe Families and Communities: Positive Identities and Roles for Aboriginal Men**

In this 3 day workshop, Aboriginal men will have an opportunity to find strength in their own identity and roles as men in their community. A focus will be on identifying strategies to support and assist those experiencing and recovering from abuse. This workshop aims to help build an understanding of the benefits of supporting one another in community and ways to resolve conflicts and differences. The workshop will help to find constructive and positive outcomes for children, women and men in families, and assist in strengthening commitment to positive child protection strategies.

**Learning Outcomes**

- Identify ways to resolve conflicts and differences
- Identify constructive and positive outcomes for children, women and men in families
- Identify strategies to support and assist those experiencing and recovering from abuse
- Gain an understanding and commitment to positive child protection strategies
Given the high level of violence experienced by Aboriginal women, this suite of educational programs has been developed to improve their access to services for assistance with domestic, family and sexual violence. It will also encourage women to engage with the legal process. The programs recognize the strength, resilience and capacity of Aboriginal women and have been developed to provide support to enable them to continue their role in sustaining families and communities.

Initial funding for this initiative was provided by the Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA). ECAV with the support of this department have developed the following suite of programs:

Workshop 1: 15EV126 – Breaking the Silence about Family Violence

Target: Aboriginal women

Description:
This course examines common community attitudes and the nature, extent and dynamics of domestic violence. It will also examine the indicators and the impact of violence on women, children and young people. It will provide community members with an understanding of supportive responses that promote and prioritize the safety of women, children and young people and places the responsibility for violence entirely with the perpetrator. It will also explore what communities can do to begin to address the problem and examine strategies to prevent further violence from occurring.

Workshop 2: 15EV125 – Supporting communities to Recover from Sexual Assault

Description:
Aboriginal communities have recognized for some time that sexual assault is an issue affecting many people. Knowing what to do about it can be difficult and overwhelming. This course examines some issues for Aboriginal women who have been sexually assaulted in the past or more recently. It will include definitions and statistics, the dynamics of sexual assault, information about offenders and the impact of media reporting. Topics will also include the effects of sexual assault, survival strategies used by victims and survivors, the impact of sexual assault on the perpetrator of sexual assault. The course will also examine some issues for Aboriginal communities. This course requires an understanding of some sexual assault issues and how these issues can affect many people.

Workshop 3: 15EV133 – Understanding your Rights with the Law

Description:
Aboriginal women experience higher rates of domestic and family violence and homicide than their Australian counterparts. Women also experience higher rates of domestic and sexual violence. In response to these issues, FaHCSIA has developed a suite of programs that will encourage Aboriginal women to become more familiar and comfortable with the legal system and to address the problems and challenges that they face in accessing justice. This program aims to break down the barriers that prevent Aboriginal women from accessing courts and legal services for assistance with the legal system. It will also encourage Aboriginal women to engage with the legal process. The program recognizes the strength, resilience and capacity of Aboriginal women and has been developed to provide support to enable them to continue their role in sustaining families and communities.
Aboriginal Community Training

EV99 – Weaving the Net

Target Group
Aboriginal communities wanting to promote community and family-based solutions to child abuse and family violence.

Description
Weaving the Net is an early intervention and prevention program that seeks to empower Aboriginal communities to address child abuse and family violence. The program aims to build community capacity to identify, prevent, and respond to child abuse and family violence.

Learning outcomes
- Participants will develop a better understanding of the dynamics and impacts of child physical, sexual, and emotional abuse and neglect in Aboriginal communities.
- Participants will develop and strengthen partnerships between community members and with agencies to improve access to effective child protection services.
- Participants will develop increased confidence and skills to stand together against child abuse.
- Participants will develop strategies to improve the safety of Aboriginal children and young people in their community.

The only way Weaving the Net can be delivered into a community is if that community or a group of interested community members request the program. The advocacy and approval of Elders and key community members is essential to the success of the program.

Weaving the Net is a community development program that aims to provide community members with the skills and resources to address child abuse and family violence in their community.
12

Aboriginal Worker Training

12 – Child sexual assault for Aboriginal workers

Description:

Aboriginal workers from government and community sectors.

Target Group:

Aboriginal workers from government and community sectors.

Learning Outcomes:

- Demonstrate knowledge of the dynamics, tactics of abuse, prevalence, and effects of child sexual assault among Aboriginal communities.
- Identify barriers facing children, non-offending adults, other family members and communities who are affected by child sexual assault as a result of offender tactics and community beliefs.
- Identify and respond appropriately to indicators and disclosures of child sexual assault.
- Discuss the essential requirements of coordinated service provision (including statutory responses) when addressing child sexual assault, including the role of cross-agency collaboration.
- Discuss the current requirements of coordinated service provision (including statutory responses) when working with Aboriginal communities.
- Demonstrate an understanding of how they can begin to tackle the issue in their communities.
- Demonstrate an understanding of how they can begin to take steps towards addressing this issue in the broader community.
- Discuss the barriers that past and present government policies have created for many Aboriginal people in interacting with statutory responses and develop strategies to address these barriers.
- Demonstrate an understanding of the role of cross-agency collaboration when addressing child sexual assault.
Aboriginal Worker Training

15EV127 – Defining healthy boundaries when working in Aboriginal communities

Target Group
This 3 day course is for Aboriginal workers who engage in supportive and healing relationships with Aboriginal clients and communities that have experienced family violence, child abuse, adult or child sexual assault.

Description
Establishing and maintaining ethical and supportive professional relationships can be challenging when working with Aboriginal communities where the worker is also a community member. This workshop provides the opportunity to explore these issues in detail, and to work towards best practice in establishing safe and client-focused boundaries.

Topics covered will include: boundary violations and crossings in trauma work, negotiating good supportive practice, dual relationships, ethical decision making and conduct, and managing secondary trauma.

Learning Outcomes
Discuss professional and personal boundary issues when working in Aboriginal communities around trauma issues.
Identify boundary issues through the lens of the worker, client and community.
Identify best practice in establishing and maintaining safe, ethical and supportive professional relationships with client-focused boundaries.
Identify worker self care strategies in managing secondary trauma.

15EV128 – The sexual assault of Aboriginal boys & men: A 3 day workshop

Target Group
This 3 day course is for Aboriginal workers who engage in supportive and healing relationships with Aboriginal clients and communities that have experienced family violence, child abuse, adult or child sexual assault.

Description
This 3 day course will provide workers with the opportunity to examine the range of issues experienced by Aboriginal boys and men who have been sexually assaulted. The workshop will explore the dynamics, tactics of abuse, prevalence, and effects of sexual assault for Aboriginal men and boys.

Learning Outcomes
Demonstrate knowledge of the dynamics, tactics of abuse, prevalence, and effects of sexual assault for Aboriginal men and boys.
Identify barriers facing Aboriginal men and boys who have experienced sexual assault.
Identify societal attitudes about masculinity that can impact on the shame Aboriginal men and boy’s experience.
Identify and respond appropriately to Aboriginal men and boys who have disclosed sexual assault.

Discussion
This 3 day course will provide workers with the opportunity to explore these issues and develop skills in knowing how to identify these issues, respond and work towards best practice.
15EV135 – Uncovering the shame: Responding to the abuse of Aboriginal older people

**Target Group**
Aboriginal workers and community members

**Description**
Aboriginal communities have identified that abuse of older Aboriginal people is an issue of growing concern. Older Aboriginal people often have extended roles of care and responsibility alongside their own increasing care needs. They can experience abuse in a range of relationships: partners, adult children, extended family/kinship relationships, carers, and in institutional settings. The range of abuses experienced by older people includes financial abuse, physical and sexual violence, and emotional abuse. For some people, this is a continuation of abuse across their lifespan, e.g., experiences of the stolen generations or domestic/family violence, whilst for others, past experiences of abuse may resurface in later life. This two-day course looks at recognizing and responding to abuse of older Aboriginal people. It also provides opportunities to discuss appropriate responses to both current and past abuse in a context of human rights, access to safety and justice, and services on an individual, interagency, community, and societal level.

**Learning Outcomes**
- Identify the range of practices of abuse of older people carried out by family, caregivers, and community members.
- Examine personal beliefs and responses to the abuse of Aboriginal older people.
- Discuss the context and impacts of abuse in older Aboriginal people’s lives, including the legacy of colonisation, racism, intergenerational trauma, and community beliefs about Aboriginal Elders.
- Develop flexible strategies of responding to both current and past abuse that prioritize human rights, self-determination, and access to safety, justice, and services on an individual and community level.
- Discuss the value of cross-agency collaboration to enhance service provision.

15EV152 – Working with Aboriginal parents who have experienced child abuse and neglect

**Target Group**
Aboriginal health workers and counsellors supporting parents who have experienced childhood physical abuse, emotional abuse, and neglect (e.g., mental health workers, drug and alcohol workers, early childhood nurses, midwives, support workers).

**Description**
This course provides participants with an overview of the impact and dynamics of childhood abuse and neglect. It will explore the links between these traumas and adulthood issues, with a focus on parenting difficulties. It will include a focus on relationship building, identifying strengths and addressing issues of guilt and shame.

**Learning Outcomes**
- Explore the incidence, nature, indicators, dynamics, and impact of childhood abuse and neglect on adults.
- Examine the impact of trauma on the brain and how it applies to work with adults who are parents.
- Identify best practice principles and strategies for working with adult survivors of interpersonal trauma.
- Discuss the implications of childhood trauma on parenting and the development of resilience.
- Discuss the value of cross-agency collaboration in the context of individual support and therapeutic work.
Aboriginal Worker Training

EV03 – Rural responses to Aboriginal family violence

Target Group
Aboriginal and non-Aboriginal interagency workers in health, welfare, accommodation and legal services.

Description
Aboriginal communities have identified reducing family violence as a priority (Aboriginal Family Health Strategy). Non-Aboriginal workers are often uncertain about the most helpful ways to respond and may be hampered in responding by misconceptions about Aboriginal communities.

This 2 day course provides an interagency forum in which to explore together the issues of domestic violence and the cultural, social and historical contexts that inform responses to Aboriginal clients affected by domestic violence.

Learning Outcomes
- Analyse the effects of historical and current colonisation, dispossession and racist practices when working with Aboriginal families and communities who have experienced family violence.
- Describe the tactics and effects on women and children of the abuse of power and control inherent in family violence.
- Identify culturally sensitive consultation and practice which prioritises safety and the human rights of victims and children when working with Aboriginal communities.
- Develop strategies to continue to work towards cultural competence in working in an interagency framework addressing family violence.

EV09 – NSW Domestic violence Aboriginal core training

Target Group
Aboriginal and non-Aboriginal workers in health, welfare, accommodation and legal services who come into contact with women affected by domestic violence.

Description
This 5 day course is an adaptation of the NSW Domestic Violence Core Training Course. It is an opportunity for Aboriginal and non-Aboriginal workers to explore together their understanding of domestic violence. This course offers a model that is focused on individual strengths rather than on deficits and explores the social/cultural context in which domestic violence occurs. It raises awareness of the inadequacies of individualistic explanations and explores the practical implications of these. It promotes interventions that prioritise the safety of women and children. The course is experiential and uses some ideas from narrative therapy.

Learning Outcomes
- Discuss definitions of domestic/family violence, tactics used and prevalence and incidence amongst Aboriginal communities.
- Identify the social, cultural and historical contexts that support the tactics of domestic violence and shape community attitudes.
- Demonstrate an understanding of the impacts of domestic violence on children, and child protection responsibilities which support communities in safe parenting.
- Recognise the importance of cross agency collaboration, advocacy and case management when responding to victims of domestic violence.
- Develop strategies to continue to work towards maintaining Aboriginal and non-Aboriginal interagency workers in health, welfare, accommodation and legal services who come into contact with women affected by domestic violence.

Target Group
Aboriginal and non-Aboriginal interagency workers in health, welfare, accommodation and legal services.
EV10 – Skills in child protection for Aboriginal workers

**Target Group**
Aboriginal workers from government and non-government sectors. Aboriginal community workers and identified child protection advocates are encouraged to attend this course.

**Description**
This 3 day course examines common community attitudes and the nature, extent and dynamics of physical and emotional abuse and neglect. The indicators and impact of abuse on children and young people and the interface between physical and emotional abuse and neglect of children and domestic violence are outlined. Workers have the opportunity to explore what is meant by ‘risk of harm’ to children and young people and workers’ legislative responsibilities will be addressed. Relevant cultural factors are discussed and community development strategies in child protection are identified. This course is mapped to the unit of competency CHCCHILD401A, Identify and respond to children and young people at risk, in the current CHC08 Community Services Training Package (2008).

Participants who choose to submit their assessment activities and are assessed as competent will receive a nationally recognised Statement of Attainment for the competencies. This Statement of Attainment may be used for recognition of prior learning towards a qualification from the CHC08 Community Services Training Package (2008). For further information contact the ECAV course coordinator.

**Learning Outcomes**
- Identify common community attitudes and the nature, extent and dynamics of physical and emotional abuse and neglect.
- Describe the indicators and impact of abuse on children and young people, as well as the interface between physical and emotional abuse and neglect of children and domestic violence.
- Explain what is meant by ‘risk of significant harm’ to children and young people and workers’ legislative responsibilities.
- Identify relevant cultural factors and community development strategies to promote child protection in Aboriginal communities.
- Discuss the value of cross-agency collaboration to enhance service provision.

EV153 – NSW Health Aboriginal child protection and child wellbeing facilitator training: Identify and respond to children & young people at risk

**Target Group**
NSW Aboriginal Health workers.

**Description**
This 2 day course is designed for Aboriginal workers who wish to deliver CHCCHILD401A Identify & Respond to Children and Young People at Risk (2/3 hour and/or full day) to other workers and their community. To attend this training, workers need to complete the 3 day ECAV course, EV10 Skills in Child Protection for Aboriginal workers. Aboriginal trainers wishing to deliver this competency-based 2/3-hour and/or full day program are required to attend this course. This covers familiarisation with and explanation of how to use the learning resources, and discussion of how to deliver the material using a peer group-based model. This 2 day course is designed for Aboriginal Health workers.

This 2 day course is based on the concept of cultural safety in child protection for Aboriginal workers.

**Learning Outcomes**
- Outline knowledge of the content material in the course.
- Identify strategies to deliver these programs to NSW Aboriginal workers.
- Discuss customisation of the training programs to suit the learning needs of Aboriginal participants.
- Identify child protection issues that may arise during the training and develop culturally appropriate strategies to respond.
NATIONALLY RECOGNISED TRAINING

91507 – NSW Advanced Diploma of Aboriginal Specialist Trauma Counselling

Target Group
Aboriginal Family Health Workers, Aboriginal Health Workers and Aboriginal Community Workers

Pre-requisites
Applications must be Aboriginal or employed as Aboriginal Family Health Worker

Description
This course will assist in developing specialist counselling skills within an Aboriginal Healing Framework to respond to Aboriginal individuals, families and communities affected by a history of trauma such as adult and child sexual assault, family violence and child abuse and neglect. Over the 6 modules participants will develop and practice a culturally appropriate therapeutic framework that is designed to build skills, knowledge and effective strategies to advocate and ensure the rights and needs of Aboriginal clients. Participants will have an opportunity to gain skills in initiating and undertaking complex case management and gain a comprehensive understanding of the medico-legal system to effectively support clients through court processes.

Course Structure:
ADAHF1 Aboriginal Healing Framework
ADASSC2 Adult Survivors Specialist Counselling
ADFVSC3 Family Violence Specialist Counselling
ADASASC4 Adult Sexual Assault Specialist Counselling
ADCSASC5 Child Sexual Assault Specialist Counselling
ADCANSC6 Child Abuse and Neglect Specialist Counselling

Learning Outcomes
- Demonstrate knowledge and skill in applying principles of an Aboriginal Healing Framework when providing specialist trauma counselling.
- Identify and demonstrate culturally safe practice when providing specialist trauma counselling.
- Demonstrate an ability to provide specialist trauma counselling to Aboriginal children and adults in healing from the traumatic effects of interpersonal violence.
- Demonstrate an ability to provide specialist trauma counselling to Aboriginal children and adults who have a history of trauma such as sexual assault, family violence and child abuse and neglect.
- Define the culturally safe therapeutic practices that will assist Aboriginal children and adults in healing from the traumatic effects of interpersonal violence.

Course Duration
Total of 210 hours face to face (classroom based) delivered across 6 x 1 week modules over a 12 month period. Classes run from 9am to 5pm, Monday to Friday. A further 290 hours of home and work based self directed learning and assessment activities is anticipated in order to fulfill the learning requirements of the course.

Accredited Courses
Accredited Courses
Accredited Courses
91562NSW – Certificate IV Aboriginal Family Health (Family Violence, Sexual Assault & Child Protection)

Target Group
Aboriginal applicants only. Aboriginal Family Health Workers, Aboriginal Health Workers and Aboriginal Community Workers eg: Refuge, Legal or Women/Men Support workers (Applicants must be employed or work in a voluntary capacity that can be verified).

Description
This course is a nationally recognised qualification and has been accredited by the NSW Vocational Education and Training Board (VETAB). It is designed to provide comprehensive training in the areas of family violence, sexual assault, and child protection, particularly in the context of Aboriginal communities. The course aims to equip students with the knowledge and skills necessary to address the complex issues of power, control, and abuse within these communities.

Course Structure:
- AFHSP1 Socio-Political context of Aboriginal family health
- AFHCD2 Community development in Aboriginal family health
- AFHFDV3 Issues in family / domestic violence
- AFHCSA4 Protecting children & young people/child sexual assault
- AFHASA5 Issues in adult sexual assault
- AFHCP6 Protecting children & young people/physical and emotional abuse and neglect

Learning Outcomes
- Describe the ways in which power and control are used at a historical, political, social, and cultural level and analyse the implications of the broader context for work in family/domestic violence, sexual assault, and child protection.
- Analyse the effects of colonisation and dispossession on Aboriginal communities and discuss the implications of this for work in family/domestic violence, sexual assault, and child protection.
- Critique the theoretical underpinnings of work in family/domestic violence, sexual assault, and child protection and address the implications of these for Aboriginal communities.
- Develop strategies to address family violence, sexual assault, and child protection in Aboriginal communities.
- Apply knowledge of the dynamics and tactics of power and control, extent and impact of family/domestic violence and child abuse to work in Aboriginal communities.

Course Duration
Total of 210 hours face to face (classroom based) delivered across 6 x 1 week modules over a 12 month period. Classes run from 9am to 5pm Monday to Friday. A further 150 hours home and work based self directed learning is anticipated in order to fulfill the learning requirements of this course.
is an Aboriginal Counsellor for
has been Director of ECAV for
is a Wiradjuri woman with over 20
is employed at ECAV as an Aboriginal
is the Clinical Advisor to the New
Statewide Educator. She has over 20 years
study in Child Abuse in indigenous communities in
Winston Churchill Fellowship, which enabled her to
a specialist to ECAV. In 1999 Melva was awarded a
Communities Matter Advisory Group (ACMAG) and
and workers. Melva is a member of the Aboriginal
competency, community development, governance
management, case management and groupwork. She
communities and has specialist skills in community
He participates in a number of government and
child, adolescent and family mental health settings.
20 years. Prior to this Dale worked in a variety of
NSW Health. Dale's work with people who have
specialist areas of sexual assault, domestic family violence and child abuse.
and church leaders. Dale is a member of the Australian Association of
professional associations, panels and committees as well as assisting

is the senior Aboriginal Counsellor
Caseworker with Community Services providing
enjoying work as an Intensive Family Based Service
and brokerage for communities. Pam has
issues and brokerage for communities. Pam has
members of the accreditation panel of the Child Sex Offender Counsellor
Association for the Treatment of Sexual Abuse (ANZATSA). Dale is also a
and church leaders. Dale is a member of the Australian Association of

is a mother and grandmother. Her
is employed at ECAV as an Aboriginal
is the proud father of 5 children and
Lee Murphy
is a member of the Aboriginal workforce skilled in case management and counselling in the

is an Aboriginal Counsellor for

is a Yorta Yorta/

is a Gamilaroi woman born in Dubbo many years ago,

is an Aboriginal Counsellor for

is a mother and grandmother. Her

is the senior Aboriginal Counsellor

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is a Gamilaroi woman born in Dubbo many years ago,
The Aboriginal Community Matters Advisory Group (ACMAG) advises the NSW Health Education Centre Against Violence on their programs, curriculum, and resource development, with a view to empowering individuals, families and communities, thus building on, strengthening and expanding, the capacities of Aboriginal communities to address and overcome interpersonal violence.

ACMAG members bring knowledge, experience and understandings and can also act as advocates or advisors to other groups. Recently, ACMAG broadened its scope from providing strategic direction to the NSW Health Education Centre Against Violence to include oversight of the Aboriginal programs provided by the New Street and Cedar Cottage Services Network (NSCCSN).

The role of the Aboriginal Community Matters Advisory Group (ACMAG) is to:

1. Ensure the principles of cultural safety, self-determination and participation of Aboriginal people are reflected in the work of ECAV and the NSCCSN.
2. Review and respond to requests to ECAV for training or community development programs from Aboriginal communities.
3. Make recommendations to ECAV and the NSCCSN management on issues and communities of high need, as well as programs and projects, including research protocols being reviewed by ACMAG.
4. Make recommendations to ECAV and the NSCCSN management to NSW Health on respective contracts and legislation.
5. Advise on Aboriginal community processes when working within and for Aboriginal communities.
6. Advocate for Aboriginal communities by championing the development of policies and programs that promote service access, equity and self-determination for Aboriginal people within all relevant government sectors.

Aboriginal Community Matters Advisory Group

The Aboriginal Community Matters Advisory Group (ACMAG) advises the NSW Health Education Centre Against Violence on their programs, curriculum, and resource development, with a view to empowering individuals, families and communities, thus building on, strengthening and expanding, the capacities of Aboriginal communities to address and overcome interpersonal violence.
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The dot pathways are the roads we travel and the people travelling. The smaller black dots are all the things we learn along the way. We are all different. We all learn differently and we never stop learning. We grow with each other as we travel on. We leave some learning behind for others to pick up as we travel. We leave some learning behind for others to learn from and we take up new learning from each other. We give learning to each other and we get learning from each other and we get meaning of our worlds in different directions and live in diverse communities. We give learning to each other in different ways. We come from different directions and live in diverse communities. We give learning to each other in different ways. We give learning to each other in different ways. We give learning to each other in different ways.

Sigrid Herring (Artist)

"Circle of Learning"
Aboriginal Program Area

Courses & Publications

2012

Education Centre Against Violence